Preparedness Education for Vulnerable Populations

2005-2006 ASPH/CDC Preparedness Education for Vulnerable Populations Collaboration Group

Resource Grid



ASSOCIATION OF SCHOOLS OF PUBLIC HEALTH

Acknowledgments

Many people and organizations joined forces to produce this resource. It is truly the result of an extensive collaboration effort that will continue into the future. The CDC's Division of State and Local Readiness, Coordinating Office for Terrorism Preparedness and Emergency Response (COTPER) along with staff at ASPH and the following 2005-2006 ASPH/CDC Preparedness Education for Vulnerable Populations Collaboration Group members (while members may have multiple affiliations, their relevant CPHP affiliation is the one listed), partners, and reviewers who contributed to this report deserve credit:

Chair

Paul Campbell, Harvard University School of Public Health, Center for Public Health Preparedness

Members

- **Dan Barnett**, Johns Hopkins Bloomberg School of Public Health, Center for Public Health Preparedness
- Mark A. Brandenburg, University of Oklahoma Health Sciences Center, Southwest Center for Public Health Preparedness
- Joe Coulter, University of Iowa College of Public Health, Upper Midwest Center for Public Health Preparedness
- Prabu David, Ohio State University School of Public Health, Ohio Center for Public Health Preparedness
- Zelde Espinel, University of Miami School of Medicine, Center for Disaster & Extreme Event Preparedness
- **Joshua Frances**, Harvard University School of Public Health, Center for Public Health Preparedness
- Lynn Goldman, Johns Hopkins Bloomberg School of Public Health, Center for Public Health Preparedness
- Ana-Marie Jones, University of California at Berkeley School Public

- Health, Center for Infectious Disease Preparedness
- Michael Meit, University of Pittsburgh Graduate School of Public Health, Center for Public Health Preparedness
- Gilbert Nick, Harvard University School of Public Health, Center for Public Health Preparedness
- Emily C. Perry, University of Medicine and Dentistry of New Jersey School of Public Health, New Jersey Center for Public Health Preparedness at UMDNJ
- Robert Roush, University of Texas School of Public Health at Houston, Center for Biosecurity and Public Health Preparedness
- Randy Rowel, Morgan State University and the Johns Hopkins Bloomberg School of Public Health, Center for Public Health Preparedness
- Jim Shultz, University of Miami School of Medicine, Center for Disaster & Extreme Event Preparedness
- Martha Wingate, University of Alabama at Birmingham School of Public Health and Tulane University School of Public Health and Tropical Medicine South Central Center for Public Health Preparedness

Practice Partner

• Jennifer Nieratko, Association of State and Territorial Health Officials

External Reviewers

- Dick Bohrer, National Association of Community Health Centers
- Robert Kidney, National Association of Community Health Centers
- **George Mensah**, CDC National Center for Chronic Disease Prevention and Health Promotion

ASPH Coordinators

Beth Rada Elizabeth Weist

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BACKGROUND AND INTRODUCTION

Centers for Public Health Preparedness (CPHP), funded by the Centers for Disease Control and Prevention (CDC), were initiated in 2000 to strengthen terrorism and emergency preparedness by linking academic expertise with state and local health agency needs. The program has grown to become an important national resource for the development, delivery, and evaluation of preparedness education. CDC supports the Association of Schools of Public Health (ASPH) as the national convener of the CPHP Network so as to enhance collaboration among the CPHP and, with their government and practice partners, minimize duplication in development of materials, and maximize outreach of existing resources. In 2005-2006 CPHP "collaboration groups" continued to focus on reviewing preparedness resources and to develop guides and reports responsive to the training needs of the public health workforce for all-hazards situations.

The ultimate purpose of this list of 323 educational resources organized by eight special populations, developed by the 2005-2006 ASPH/CDC Preparedness Education for Vulnerable Populations Collaboration Group (collaboration group), is to enhance the ability of public health and emergency management practitioners at the federal, state and local levels to effectively define, locate and reach vulnerable populations and protect them in the event of public health emergencies. Few people will forget the tragedy wrought by the Gulf Hurricanes of 2005, especially the experiences of poor, inner city New Orleans residents left behind after most residents abandoned the city in advance of Katrina. They were unprepared for the events that followed, as were those who sought to assist them. Collaboration group members also recalled the nursing home residents who lost their lives in a bus fire as they fled from Hurricane Rita, as well as those that suffered earlier in the Loma Prieta (California) and Kobe (Japan) earthquakes, and other disasters in planning and developing this resource. The 2005-2006 ASPH/CDC Preparedness Education for Vulnerable Populations Collaboration Group is committed to learning from history and to reducing the likelihood of unnecessary illness, injuries and deaths in the future.

Who is especially vulnerable in public health emergencies, including natural disasters such as the hurricanes and earthquakes mentioned above, as well as terrorist incidents and emerging infections such as pandemic flu? The collaboration group has chosen a definition of vulnerable populations first developed by the Iowa Department of Public Health Center for Disaster Operations and Response:

"Any individual, group or community whose circumstances create barriers to obtaining or understanding information, or the ability to react as the general population has been requested to proceed during all phases of emergency management. Circumstances that may create barriers include, but are not limited to: age, physical, mental, emotional or cognitive status, culture, ethnicity, religion, language, citizenship, geography, or socio-economic status."

The collaboration group moved from this overall definition of vulnerability to determining specific special or at-risk populations to target in the first year of collaboration. Members found this to be a useful approach, acknowledging that categories overlap in real life and that public health responders are ultimately concerned about real individuals who, for example, have a disability, are elderly, poor, institutionalized and unable to speak or read English. The grid provides only a start on the many aroups that require special consideration in preparedness planning, and it includes the following populations:

- **Economically Disadvantaged Populations**
- Ethnic and Racial Populations
- Mentally III Populations
- Older Adult Populations
- Pediatric Populations
- Populations with Disabilities
- **Rural Populations** •
- Spanish-Speaking Populations

The list is not complete, and the collaboration group intends to expand upon this foundational document in subsequent work together.

This resource grid is also a work in progress because workgroup members realize that the search has not identified every resource currently available for the specific populations targeted this year. This is despite the fact that members used multiple strategies, from accessing electronic data-bases, beginning with the CPHP Network online resource center at http://www.asph.org/acphp/phprc.cfm, to old-fashioned human contact to identify the items. If readers are aware of resources that the authors have missed in their search, please contact ASPH at cphp@asph.org. The collaboration group intends to have a continually expanding list, and one that is, hopefully, increasingly tested by field evaluation.

While this resource grid is geared towards practitioners, the collaboration group developed a second, companion document on "Resource Gaps," which outlines specific gaps in resources for the same populations that is aimed at educators at Centers for Public Health Preparedness and other trainers. Both documents may be found at http://www.asph.org/cphp/ CPHP_ResourceReport.cfm.

OVERVIEW

The materials in this overview section provide a more complete understanding of vulnerable and special needs populations, and deepen understanding of the unique disaster preparedness, response and recovery issues of this large, diverse and growing segment of our society. This section contains materials designed to address universally relevant issues, including the creation of a Crisis Emergency Risk Communication (CERC) plan and how to articulate the role of public health in emergency response to pandemic flu and other events. Many of the offerings from University of California at Berkeley Center for Infectious Disease Preparedness also provide guidance and insight into the false assumptions, limiting policies, and institutionalized beliefs underpinning all traditional emergency preparedness materials and programs.

Title	Audience	Source	Description	Available at
CARD – Serving Special Needs in Times of Disasters. Website, Online Resources, Tools.	Community leaders, policy/ decision-makers, elected officials, funders, emergency planners, general public.	CARD - Collaborating Agencies Responding to Disasters	CARD is a nonprofit created after the 1989 Loma Prieta earthquake to address preparedness for special needs and vulnerable populations. Provides an alternative approach - no fear or disaster-threat messages, addresses underlying causes of why preparedness has not been embraced, offers alternative to traditional emergency response model, low-cost solutions and free tools.	Contact: CARD – Collaborating Agencies Responding to Disasters Phone: (510) 451-3140 Email: Info@firstvictims.org http://www.FirstVictims.org
The PrepareNow Collaborative: Projects Serving the Preparedness Needs of Vulnerable Populations	General public, government, nonprofits, emergency planners.	Lead Agency: CARD – Collaborating Agencies Responding to Disasters	Many projects addressing disaster preparedness for special needs communities emerged after the 1989 Loma Prieta and the 1991 Oakland Hills firestorm in Northern California. These projects remain connected through the consistent support of the United Way of the Bay Area.	Visit: http://www.PrepareNow.org Contact information for each agency is listed on the site. Some projects are currently not funded/ not staffed but have tools and resources available on the website.

2006 Disaster Preparedness Strategies for Vulnerable Populations :: Lecture 1 of 8 :: Overview	Public health educators, policy/ decision-makers, elected officials, emergency planners, funders, students.	University of California at Berkeley, Center for Infectious Disease Preparedness (Developer), CDHS - California Department of Health Services (Partner)	Lecture topic: Overview of disaster preparedness for special populations Guest Lecturer: Âna-Marie Jones, Executive Director, CARD - Collaborating Agencies Responding to Disasters This half-semester course is designed to help participants understand how to serve and reach the 'hard-to-reach' and special needs residents in their community. No prerequisites.	Contact: CIDP - Training and Education Program Manager Phone: (510) 643-4930 Email: jybalido@idready.org http://www.idready.org/ webcast/webcast_trainings. php?training=4
2006 Disaster Preparedness Strategies for Vulnerable Populations :: Lecture 2 of 8 :: Vulnerable Populations	Public health educators, policy/ decision-makers, elected officials, emergency planners, funders, students.	University of California at Berkeley Center for Infectious Disease Preparedness (Developer), CDHS - California Department of Health Services (Partner)	Lecture topic: Vulnerable Populations Guest Lecturer: Âna-Marie Jones, Executive Director, CARD - Collaborating Agencies Responding to Disasters Lecture focuses of helping participants to understand the scope of the special needs community and the factors causing and heightening their vulnerability. No prerequisites.	Contact: CIDP - Training and Education Program Manager Phone: (510) 643-4930 Email: jybalido@idready.org http://www.idready.org/ webcast/webcast_trainings. php?training=4
2006 Disaster Preparedness Strategies for Vulnerable Populations: Lecture 3 of 8 :: Disasters, Threats and Traditional Emergency Preparedness Services	Public health educators, policy/ decision-makers, elected officials, emergency planners, funders, students.	University of California at Berkeley Center for Infectious Disease Preparedness (Developer), CDHS - California Department of Health Services (Partner)	Lecture topic: Disasters, Threats to Community and Traditional Emergency Preparedness Services Guest Lecturer: Âna-Marie Jones, Executive Director, CARD - Collaborating Agencies Responding to Disasters Lecture focuses on disasters, threats to the community and the traditional emergency services agencies. No prerequisites.	Contact: CIDP - Training and Education Program Manager Phone: (510) 643-4930 Email: jybalido@idready.org http://www.idready.org/ webcast/webcast_trainings. php?training=4

2006 Disaster Preparedness Strategies for Vulnerable Populations: Lecture 4 of 8 :: Marketing, Media and Vulnerable Populations	Public health educators, policy/decision-makers, elected officials, emergency planners, funders, students.	University of California at Berkeley, Center for Infectious Disease Preparedness (Developer), CDHS - California Department of Health Services (Partner)	Lecture topic: Marketing, Media and Vulnerable Populations Guest Lecturer: Âna-Marie Jones, Executive Director, CARD - Collaborating Agencies Responding to Disasters Lecture focuses on the traditional use of media and marketing approaches, and why the preparedness and response concerns of special needs communities are not addressed. No prerequisites.	Contact: CIDP - Training and Education Program Manager Phone: (510) 643-4930 Email: jybalido@idready.org http://www.idready.org/ webcast/webcast_trainings. php?training=4
2006 Disaster Preparedness Strategies for Vulnerable Populations: Lecture 5 of 8 :: Nonprofits: The Missing Link to Culturally Competent and Inclusive Disaster Plans	Public health educators, policy/ decision-makers, elected officials, emergency planners, funders, students.	University of California at Berkeley Center for Infectious Disease Preparedness (Developer), CDHS - California Department of Health Services (Partner)	Lecture topic: Nonprofits: The Missing Link to Culturally Competent and Inclusive Disaster Plans Guest Lecturer: Âna-Marie Jones, Executive Director, CARD - Collaborating Agencies Responding to Disasters Lecture focuses on the importance of appropriately including community and faith-based organizations in all aspects of preparedness, response and recovery activities. No prerequisites.	Contact: CIDP - Training and Education Program Manager Phone: (510) 643-4930 Email: jybalido@idready.org http://www.idready.org/ webcast/webcast_trainings. php?training=4
2006 Disaster Preparedness Strategies for Vulnerable Populations: Lecture 6 of 8 :: Tools, Techniques and Community Resources for Reaching Hard-	Public health educators, policy/decision-makers, elected officials, emergency planners, funders, students.	University of California at Berkeley Center for Infectious Disease Preparedness (Developer), CDHS - California Department of Health Services (Partner)	Lecture topic: Tools, Techniques and Community Resources for Reaching Hard-To-Reach Populations Guest Lecturer: Âna-Marie Jones, Executive Director, CARD - Collaborating Agencies Responding to Disasters Focuses on the successful methods for building the capacity of local agencies to reach, serve and support the preparedness and response needs of vulnerable communities and to effectively partners with	Contact: CIDP - Training and Education Program Manager Phone: (510) 643-4930 Email: jybalido@idready.org http://www.idready.org/ webcast/webcast_trainings. php?training=4

To-Reach Populations			government and traditional emergency management community. No prerequisites.	
2006 Disaster Preparedness Strategies for Vulnerable Populations: Lecture 7 of 8 :: The Role of The Empowered Public Health Worker	Public health educators, policy/decision-makers, elected officials, emergency planners, funders, students.	University of California at Berkeley Center for Infectious Disease Preparedness (Developer), CDHS - California Department of Health Services (Partner)	Lecture topic: The Role of The Empowered Public Health Worker Guest Lecturer: Âna-Marie Jones, Executive Director, CARD - Collaborating Agencies Responding to Disasters PREREQUISITE: None Seventh week of a half-semester course Focuses on how Public Health workers can make support culturally appropriate preparedness for special needs communities – no matter their level of authority. No prerequisites.	Contact: CIDP - Training and Education Program Manager Phone: (510) 643-4930 Email: jybalido@idready.org http://www.idready.org/webcast/webcast_trainings.php?training=4
2006 Disaster Preparedness Strategies for Vulnerable Populations: Lecture 8 of 8 :: Presentation of Class Projects	Students, public health educators, policy/ decision-makers, elected officials, emergency planners.	University of California at Berkeley School of Public Health, Center for Infectious Disease Preparedness (Developer), CDHS - California Department of Health Services (Partner)	Lecture topic: Course completion and presentation of class Projects Guest Lecturer: Âna-Marie Jones, Executive Director, CARD - Collaborating Agencies Responding to Disasters Eight and final class includes student presentations, student Q&A, review of key lessons, and course summary. No prerequisites.	Contact: CIDP - Training and Education Program Manager Phone: (510) 643-4930 Email: jybalido@idready.org http://www.idready.org/ webcast/webcast_trainings. php?training=4
2005 Michigan Public Health Media Summit	Risk communicators, media liaisons, public information officers	University of Michigan Center for Public Health Preparedness (Developer), Michigan Department of Community Health, Office of Public Health Preparedness (Partner), Michigan	The 2005 Michigan Public Health Media Summit addresses some of the central issues in effectively implementing a Crisis Emergency Risk Communication (CERC) plan, including special emphasis on diverse populations. The course resources address all aspects of implementing a CERC plan through the use of an exercise that will ultimately end in a media presentation. Representatives of the media will be in	http://www.sph.umich.edu/ micphp/Media_Summit/index. htm

		Center for Public Health Preparedness (Partner)	attendance.	
CDC Crisis and Emergency Risk Communication	Risk communicators, media liaisons, public information officers	University of Oklahoma Southwest Center for Public Health Preparedness (Developer)	This course is designed to assist public health professionals, especially those tasked with serving as agency spokespersons, to develop and enhance skills and abilities necessary to interact effectively with the public and the media during crisis and emergency situations. It will provide participants with essential knowledge, tools and resources to help them make appropriate decisions during a public health emergency and to communicate those decisions to the public and the media.	Contact: Tracey Burton Phone: (405) 271-8999 Email: tracey-burton@ouhsc.edu
Cultural Competence in Disaster Response	Emergency planners, educators, general public	Ohio State University Center for Public Health Preparedness (Developer), Ohio State University Center for Public Health Preparedness (Partner)	Resource website with links to preparedness tips for various special populations. Also available on CD-ROM.	Contact: Prabu David Phone: (614) 292-7438 Email: david.15@osu.edu http://www.comm.ohio-state. edu/pdavid/preparedness/ index.htm
Planning for the Needs of Special Populations	Students, public health educators, policy/ decision-makers, elected officials, emergency planners.	University at Albany (SUNY) Center for Public Health Preparedness (Developer), University of California Berkeley Center for Infectious Disease Preparedness (Partner)	This one hour program, incorporating lessons learned from Hurricane Katrina, will address planning and outreach programs to protect the lives and health of segments of the community sometimes overlooked by the inter-governmental community (e.g., the elderly, people with disabilities, persons with limited or no English). Created in partnership with CARD - Collaborating Agencies Responding to Disasters.	Contact: Colleen Signer Phone: (518) 486-7921 Email: csigner@uamail.albany.edu http://www.ualbanycphp.org/ GRS/eventCurrent.cfm?id=48

Preparedness & Community Response to Pandemics	Public health workers	University at Albany (SUNY) Center for Public Health Preparedness (Developer), University at Albany Rockefeller College Professional Development Program (Partner), University at Albany School of Public Health (Partner)	With this free course, public health workers will be competent to describe the public health role in emergency response during an influenza outbreak or pandemic and to recognize unusual events that might indicate an emergency and describe appropriate action. Additionally, learners will be able to describe their functional role(s) in emergency response and apply flexible thinking to unusual challenges within their functional role. Several activities are designed to help the learner identify personal limits of knowledge, skill, and authority and direct the learner to useful resources when these limits have been exceeded. Refer to the "Core Public Health Work Competencies for Emergency Preparedness and Response."	Contact: Lindsay Benson Phone: (518) 408-2334 Email: Ibenson@uamail.albany. edu http://www.ualbanycphp. org/learning/default.cfm
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■ ECONOMICALLY DISADVANTAGED POPULATIONS

Social vulnerability, the connection between socio-demographics and the inability to deal with hazard's effects, is intricately tied to the resources one can access. Increased levels of social vulnerability for economically disadvantaged populations are a critical concern for public health and emergency management practitioners. Resources listed in this section provide information about factors that can limit opportunities for economically disadvantaged populations to get involved in preparedness activities, thus, impeding their potential to access adequate disaster relief services. They also provide information on how to assess vulnerabilities, involve communities in assessing risk, engage leadership of faith- and community-based organizations, and collaborate with community-based organizations that serve vulnerable populations. Documents of interest to policy makers and researchers are also included.

Title	Audience	Source	Description	Available at
Community Vulnerability Assessment Tool	Emergency Management Planners (primarily public sector)	NOAA Coastal Services Center	The Risk and Vulnerability Assessment Tools was designed to identify people, property, and resources that are at risk of injury, damage, or loss from hazardous incidents or natural hazards. Planners are able to use this information to help determine and prioritize the precautionary measures that can make a community more disaster-resistant. Of interest to economically disadvantaged and other vulnerable populations is the Societal Analysis component of the tool.	NOAA Coastal Services Center 2234 South Hobson Avenue Charleston, SC 29405-2413 Phone: (843) 740-1200 Fax: (843) 740-1224 http://www.csc.noaa.gov/rvat /socPrint.html
Participatory Vulnerability Analysis: a Step–By–Step Guide for Field Staff	Emergency Management Planners (primarily public sector)	Actionaid International	Developed by a organization based in the United Kingdom, this aims to assist field workers and communities to analyze people's vulnerability, draw action plans, mobilize resources and enact appropriate policies, laws and strategies to reduce their vulnerability to disaster. This information could be used to frame a community participatory approach to disaster planning target	

Meeting the Needs of Vulnerable People in Times of Disaster: A Guide for Emergency Managers	Emergency Managers	California Governor's Office of Emergency Services	low-income populations in US. This guide provides an overview of the role of Community Based Organizations (CBOs), list advantages for involving these ages, and offers suggestions on how to form partnerships with CBOs during each phase of a disaster. One section of the appendices identifies specific needs of vulnerable populations, including those living in poverty.	California Office of Emergency Services Inland Region 2800 Meadowview Road Sacramento, CA 95832 Phone: (916) 262-1772 http://www.oes.ca.gov/ Operational/OESHome.nsf/PDF/ Vulnerable%20Populations/\$file/ Vulnerable%20Populations.pdf
Disasters and the Cycle of Poverty: Understanding Urban, Rural, and Gender Aspects of Social Vulnerability.	Policy-makers and Researchers	University of Oregon's Institute for a Sustainable Environment	This research paper provides policy recommendations for reducing disaster risk for low-income populations and highlights the connection between the cycle of poverty and risk from natural disasters.	http://ri.uoregon.edu/ publicationspress/disasters_ poverty.pdf Resource Innovations, University of Oregon's Institute for a Sustainable Environment. Kathy Lynn, Associate Director Phone: (541) 346-0687 Email: kathy@uoregon.edu http://ri.uoregon.edu/ programs/CCE/poverty.html
Community Capacity and Wildfire Protection: Indicators of Rural, Low Capacity Communities	Policy-makers and Researchers	Program for Watershed and Community Health, University of Oregon	To better understand the relationship of wildfire and poverty, this paper to explores indicators of poverty and community capacity issues that might contribute to a community's risk to wildfires	Program for Watershed and Community Health 5247 University of Oregon Eugene, Oregon, 97405 Phone: (541) 346-0687 EMail: kathy@uoregon.edu http://ri.uoregon.edu/ publicationspress/PWCH_ poverty_indicators_9-23-03.doc
Mapping the Relationship	Policy-makers and Researchers	University of Oregon's Institute for a	Examines socioeconomic indicators that predisposes economically disadvantaged	http://ri.uoregon.edu/ publicationspress/

Between Wildfire and Poverty		Sustainable Environment	populations to wildfire risk by using GIS mapping.	firepovertydraft_10_20_05.doc Resource Innovations, University of Oregon's Institute for a Sustainable Environment. Kathy Lynn, Associate Director Phone: (541) 346-0687 Email: kathy@uoregon.edu http://ri.uoregon.edu/ programs/CCE/poverty.html
Disaster Mental Health: Crisis Counseling Programs for the Rural Community**	Crisis mental health counseling outreach workers operating in rural areas	SAMHSA	To assist crisis counseling efforts, one section of this guide book provides information to help disaster planners understand rural culture and its unique characteristics and values.	http://www.mentalhealth.samhsa. gov/media/ken/pdf/SMA99-3378/ CrisisCounseling.pdf (for guide) National Mental Health Information Center P.O. Box 42557 Washington, D.C. 20015 Toll-Free Info Line: 1-800-789-2647 (TDD): (866) 889-2647 FAX: (240) 221-4295 http://www.mentalhealth. samhsa.gov
Why Culture Matters Work Group for Disaster Studies (WCMWG)	Faith- and community-based leaders, public health professionals who work with economically disadvantaged populations, and emergency management planners	Why Culture Matters Disaster Studies Work Group; Morgan State University School of Public Health and Policy	This informational website serves as a clearinghouse for culturally-appropriate resources and activities concerning public health emergency preparedness and risk communication among vulnerable populations, especially those who are economically disadvantaged.	Morgan State University School of Public Health and Policy 1700 East Cold Spring Lane, Jenkins Bldg., Room 343 Baltimore, MD 21251 Dr. Randy Rowel, Director Phone: (443) 885-3138 Fax: (443) 885-8309 Email: rrowel@jewel.morgan.edu http://www.whyculturematters.org

ETHNIC AND RACIAL POPULATIONS

This section of the resource grid calls to our attention the need to be sensitive to the cultural milieu that often decides how various groups make decisions before, during, or after a disaster. One must be mindful that racial and ethnic groups in and of themselves do not determine their vulnerability; rather it is their circumstances and inappropriate policies that create barriers to obtaining or understanding information as well as their ability and willingness to do what has been requested during all phases of emergency management.

Understanding ethnic identify or the extent to which individuals identify with and gravitate to their racial or ethnic group, is a key prerequisite to helping practitioners define, locate and reach at-risk populations targeted in this resource grid. Consequently, resources in this section will help practitioners to understand and implement key concepts associated with racial and ethnic identity such as cultural competence, sensitivity, and multiculturalism.

Title	Audience	Source	Description	Available at
Developing Cultural Competence in Disaster Mental Health Programs	Disaster mental health recovery program staff, both mental health professionals and paraprofessionals	U.S. Department of Health and Human Services Center for Mental Health Services Administration	A comprehensive, 2.5 - 4 day intermediate-level training course that helps students identify special population groups, including minorities, affected by disasters and encourages a team approach to program planning. Activities 8 and 9 address minority populations as well as other vulnerable populations.	U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration Center for Mental Health Services 5600 Fishers Lane Rockville, MD 20857 http://www.mentalhealth. samhsa.gov/publications/ allpubs/ADM90-538/tmsection6. asp
Cultural Competency in Disaster Mental Health Recovery	Disaster mental health counselors	New York State Office of Mental Health/SAMHSA	Power point presentation that defines a framework and guiding principles for cultural competency in disaster recovery.	Cecilia Rivera-Casale Ph.D., Senior Project Officer Phone: (301) 443-4735 Email: CCasale@samhsa.gov Cathy Cave B.S., Cultural Competence Coordinator NYSOMH, Phone: (518) 408-2026 Email: ccave@omh.state.ny.us http://ndms.chepinc.org/data/ files/3/15.pps

Develop Cultural Competence in Disaster Mental Health Programs	Disaster Mental Health Providers	U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA)	A guide that provides background information about the nature of culture and disaster, guiding principles, recommendations, and resources for developing culturally competent disaster mental health services.	http://www.mentalhealth. samhsa.gov/media/ken/pdf/ SMA03-3828/ CulturalCompetence_ FINALwithcovers.pdf
Special Populations Resource Index	Primarily for medical professionals but can be adapted to other health professionals working with ethnic and racial groups before, during, or after a disaster.	Center for Public Health Preparedness, Office of Workforce Development, School of Public Health, The Ohio State University, in collaboration with The Ohio Department of Health.	The section of this web link of interest to ethnic and racial populations is the Cross Cultural Section. In this section you will find information about perception of illness, patterns of decision making, and comfort with touch for 19 ethnic and racial groups are discussed.	http://www.comm.ohio-state. edu/pdavid/preparedness/ index.htm
Indicators of Cultural Competence in Health Care Delivery Organizations: An Organizational Cultural Competence Assessment Profile	Health and other professionals working with diverse populations.	Health Resources and Services Administration	This web link provides: 1) an analytic framework for assessing cultural competence in health care delivery organizations; 2) indicators of cultural competence in health care delivery organizations, and 3) the utility, feasibility and practical application of the framework and its indicators.	http://www.hrsa.gov/ culturalcompetence/indicators/

National Center for Cultural Competence	Health and other professionals working with diverse populations	Georgetown University	The National Center for Cultural Competence (NCCC) web link provides information to increase the capacity of health and mental health programs to design implement, and evaluate culturally and linguistically competent service delivery systems.	http://gucchd.georgetown.edu/nccc/ Website includes links to: 1) Conceptual Frameworks/ Models, Guiding Values and Principles 2) Definitions of Cultural and Linguistic Competence 3) Tools and Processes for Self-Assessment
The Provider's Guide to Quality & Culture	Health care providers and other professionals working with diverse populations	The Provider's Guide to Quality & Culture	This website is designed to help health care organizations throughout the US in providing high quality culturally competent services to multi-ethnic populations. Some of the topics addressed are defining cultural competence, avoiding stereotypes, self-assessment, patient provider interaction, health disparities, cultural groups, culturally competent organizations.	http://erc.msh.org/mainpage. cfm?file=1.0.htm&module=provid er&language=English
National Standards on Culturally and Linguistically Appropriate Services (CLAS)	Health care providers and physicians	The Center for Linguistic and Cultural Competence in Health Care, Office of Minority Health (OMH), U.S. Department of Health and Human Services (DHHS)	Standards to assist in making practices more culturally and linguistically accessible	http://www.omhrc. gov/templates/browse. aspx?lvl=2&lvlID=15

The Cross Cultural Health Care Program (CCHCP)	Health care providers and other professionals working with diverse populations	The Cross Cultural Health Care Program	This web site addresses the broad cultural issues that impact the health of individuals and families in ethnic minority communities nationwide.	http://www.xculture.org/
National Council on Interpreting in Health Care (NCIHC)	Health care providers and other professionals interested in interpretation services and research.	National Council on Interpreting in Health Care	This web link provides information to promote culturally competent professional health care interpreting as a means to support equal access to health care for individuals with limited English proficiency.	http://www.ncihc.org/
Diversity Rx	Health care providers, policy makers, and other professionals interested in interpretation services and research	The National Conference of State Legislatures (NCSL) Resources for Cross Cultural Health Care (RCCHC) Henry J. Kaiser Family Foundation of Menlo Park, CA	Diversity Rx is a clearinghouse of information on how to meet the language and cultural needs of minorities, immigrants, refugees and other diverse populations seeking health care. The site provides information on cultural essentials, models and strategies for overcoming cultural barriers, diversity related policies, legal issues, and networking and resources.	http://www.diversityrx.org/
Institute of Medicine of the National Academies	Health care providers, policy makers, and other professionals inter- ested in interpre- tation services and research	Institute of Medicine of the National Academies	This section of IOM's website on minority health includes numerous projects and reports highlighting health disparity issues and concerns confronting this nation. Many of these reports are relevant to ethnic and racial populations for disaster planning purposes.	http://www.iom.edu/CMS/ 18007.aspx

MENTALLY III POPULATIONS

These three resources target not only individuals dealing with severe or persistent mental illness, but also the caregivers and professionals that assist these individuals. Further information on this population is needed, a topic addressed in the "Resource Gaps" companion to this document.

Title	Audience	Source	Description	Available at
At Times of Disaster: A Focus on Caregivers	Mental healthcare professionals and caregivers	Developed by UMDNJ University Behavioral HealthCare and NJCPHP with support from NJDHSS and NJ Div. of Mental Health Services	A film for professionals who care for those with severe and persistent mental illness, including how to prepare your consumers and facilities for an emergency, special information on expected reactions from consumers, and self care/wellness techniques for caregivers.	http://www.njcphp.org/
Responding to the Needs of People with Serious and Persistent Mental Illness in Times of Major Disaster	State/local mental health agency administrators; mental healthcare professionals and caregivers	SAMHSA Center for Mental Health Services	A resource guide that aims to educate mental health administrators, planners, and providers about the needs of individuals with serious and persistent mental illness who experience a disaster; to present practical suggestions for disaster preparedness; and to summarize some of the broader issues regarding disaster mental health service delivery to people with mental illness.	DHHS Publication No. (SMA) 96-3077
The Effects of Disaster on People With Severe Mental Illness	Mental healthcare providers and caregivers	National Center for PTSD	A fact sheet describing the effects of disasters and war on people with severe mental illness, including information on how to meet their needs.	http://www.ncptsd.va.gov/ facts/disasters/fs_smi_disaster. html

OLDER ADULT POPULATIONS

Available resources target public health professionals, consumers and healthcare providers. The materials targeted to consumers and public health professionals typically consist of checklists that can help people prepare for disasters. In addition, most of these resources provide contact information for agencies and organizations that can assist with the elderly in the event of a disaster. Some of the resources, which are aimed at public health professionals, focus on how local health agencies could solicit the support of faith- and community-based organizations to support the frail elderly and the people with disabilities in the midst of a crisis. A good assortment of information is available and the materials are targeted toward diverse populations, including healthcare, public health, first responders and clinicians. The materials cover both natural and manmade disasters. Spanish language materials are available from the Florida Department of Elder Affairs website.

Title	Audience	Source	Description	Available at
Psychosocial Issues for Older Adults in Disasters	Elderly, Caregivers, Public Health, Healthcare Providers, Students	SAMHSA (Substance Abuse and Mental Health Services Administration)	This publication provides tools and knowledge to appropriately respond to the needs of older adults in times of disaster.	http://media.shs.net/ken/pdf/ SMA99-3323/99-821.pdf
Older people in disasters and humanitarian crises: Guidelines for best practice	Public health, healthcare providers	HelpAge International is a global network of not-for-profit organizations with a mission to work with, and for, disadvantaged older people worldwide to achieve a lasting improvement in the quality of their lives.	Based on wide-ranging new research from Asia, Africa, Europe and the Americas—and 20 years of global disaster experience—these guidelines aim to help relief agencies meet the needs of older people in emergencies.	http://www.helpage.org/ Resources/Manuals Available in English and Spanish
Preparing for Disaster for People with Disabilities and other Special Needs	Elderly, caregivers, public health, healthcare providers, students	FEMA and American Red Cross	This booklet is intended to provide disaster planning strategies for people with disabilities and other special needs such as older adults.	http://www.fema.gov/pdf/ library/pfd_all.pdf

2005 Disaster Preparedness Guide for Seniors	Best suited for elderly, caregivers, public health, healthcare providers, students; Floridians	Florida Department of Elder Affairs	This publication contains information on how to prepare for hurricanes and other disasters.	http://elderaffairs.state.fl.us/ english/EU2005/disaster05english. pdf Available in Spanish at http://elderaffairs.state.fl.us/ english/EU2005/disaster05spanish. pdf Available in Creole at http://elderaffairs.state. fl.us/english/EUDisaster/2004/ Disaster04Creole.pdf
Disaster Planning for Elderly Populations IFAS publication DH209	Extension agents in Florida, public health	University of Florida Institute of Food and Agricultural Sciences Extensions Service	Document outlines special considerations for the elderly that need to be kept in mind by extension agents who facilitate emergency care situations. Largely preventative in nature.	http://disaster.ifas.ufl.edu/PDF\$/ CHAP02/D02-09.PDF
Journal Article	Researchers, policy makers, students	George Washington University researchers	After reviewing journal articles, government training materials, news reports, and materials from senior organizations, the authors identify the vulnerabilities of elderly to disasters, and propose strategies to address these vulnerabilities	http://www.gwu.edu/~icdrm/ publications/67-74_fernandez.pdf
Elders & Families: Disaster Assistance	Elderly, families, social workers	Administration on Aging	This page offers a list of resources from which older people and their families/caretakers can get specific forms of assistance. Includes health and financial resource guides.	http://www.aoa.gov/eldfam/ Disaster_Assistance/Disaster_ Assistance.asp
Be Prepared For Any Emergency!	Elderly, families, social workers	New York City Department for the Aging	List of resources for the elderly who have computer knowledge and access. Links to organization that can provide information about the status of emergency situations.	http://www.nyc.gov/html/dfta/ html/prepared.html

Ready New York: For Seniors & People with Disabilities	Individuals, caregivers	New York City Department for the Aging	Print-ready consumer-oriented plan for preparedness in the event of emergency. Guides the user to develop disaster kits and evacuation plans that address their own specific needs for medication, mobility, etc.	http://www.nyc.gov/html/dfta/ pdf/seniors_disabilities_english. pdf
Disaster Preparedness for People With Disabilities	Individuals, caregivers	New Jersey Office of Emergency Management, Attorney General, State Police	HTML-based consumer-oriented plan for preparedness in the event of emergency. Guides the user to develop disaster kits and evacuation plans that address their own specific needs for medication, mobility, etc. Emphasizes support networks. Includes an objective personal assessment tool to analyze individual needs and abilities.	http://www.state.nj.us/njoem/ preparedness_disabarc_contents. html
Special Populations Emergency Preparedness Planning	Individuals, caregivers, public health	Pennsylvania Department of Health	List of linked resources of tips for people with disabilities or other special needs or those who provide emergency response services in these populations. Included in groups with special needs are those with concerns regarding their pets. Also addresses other "special populations" including those who are medically fragile, people with cognitive disabilities, those with mental disabilities, people who require life support, etc.	http://www.dsf.health.state. pa.us/health/cwp/view. asp?a=171&q=233957
Emergency Preparedness & Bioterrorism Fact Sheets: Tips for the Elderly (Seniors)	Individuals, caregivers, public health	Pennsylvania Department of Health	Linked from previous page, geared toward elderly. Emphasizes preparedness and offers strategies. Also discusses the need for follow-through and persistence when applying for aid in the wake of disaster.	http://www.dsf.health.state. pa.us/health/cwp/view. asp?a=333&q=233852

Emergency Preparedness & Bioterrorism Fact Sheets: Tips for Special Needs of Medically Fragile People	Individuals with acute medical needs, caregivers, first responders	Pennsylvania Department of Health	Also linked from previous page, geared toward responders and people with special medical needs. Preparedness aspects are geared toward those who have brittle types of medical conditions that need daily attention, such as oxygen/respirator, diabetes, and other medications & supplies.	http://www.dsf.health.state. pa.us/health/cwp/view. asp?a=171&q=233845
Planning for Pandemic Influenza	Public health	University of Washington Northwest Center for Public Health Preparedness	The science, public information and preparedness planning aspects of pandemic flu are examined in this presentation and discussion forum	http://healthlinks.washington. edu/nwcphp/htip/20041021/ Contact: Neil Berkowitz Phone: (206) 685-1130 Email: nwcphp@u.washington. edu
Planning for the Needs of Special Populations	Public health, healthcare providers, policymakers	University at Albany (SUNY) Center for Public Health Preparedness (Developer), University of California Berkeley Center for Infectious Disease Preparedness (Partner), Collaborating Agencies Responding to Disasters (CARD) (Partner)	This program, incorporating lessons learned from Hurricane Katrina, will address planning and outreach programs to protect the lives and health of segments of the community sometimes overlooked by the intergovernmental community (e.g., the elderly, people with disabilities, persons with limited or no English). Archived Webcast, Slides, Transcript, Video Tape	http://www.ualbanycphp.org/ GRS/eventCurrent.cfm?id=48 Contact: Colleen Signer Phone: (518) 486-7921 Email: csigner@uamail.albany. edu
Bioterrorism and Emergency Preparedness in Aging	Public health, healthcare, nursing homes, healthcare facilities	University of Texas Center for Biosecurity and Public Health Preparedness	This course addresses threats to older people resulting from bioterrorism, emerging infectious disease, and other public health emergencies. Topics include clinical implications of the physiology of aging,	https://bigfile.bcm.tmc.edu/ outbound/mgill/BTEPA11RER.ppt Contact: Dr. Robert Roush Email: rroush@bcm.edu

			diagnosis and treatment of older adults exposed to a biological agent. Communication and emergency plans are also addressed.	
Geriatric Mental Health: Emergency Preparedness and Response Curriculum	Public health, healthcare	Consortium of New York Geriatric Education Centers	This curriculum offers health care providers an overview of disaster preparedness, clinical perspectives and processes in the care of older adults during disasters. A special introduction on how to use the curriculum is included.	Dr. Andrea Sherman Email: Andrea.Sherman@nyu. edu
Interdisciplinary Geriatric Mental Health: Emergency Preparedness and Response Certificate Training Program	Healthcare	Consortium of New York Geriatric Education Centers	This 40-hour certificate program is designed so that busy healthcare providers can participate in the program over a 5-week period. Participants will graduate from the program with assessment and intervention skills to respond to client's needs in this area, identify provider and caregiver burnout, develop and implement programming, and conduct training and in-service educational programs.	Dr. Andrea Sherman Email: Andrea.Sherman@nyu. edu
Specialty Electives: Mental Health & Quality of Life in Emergencies & Disasters, Self-care for the Health Care Provider	Public health, healthcare, mental health	Consortium of New York Geriatric Education Centers	These 2 trainings focus on methods for assessing, identifying and referring for treatment mental health problems associated with emergencies and disasters in older person. Issues related to caregiver burnout, coping mechanisms, and treatment options will be discussed as well as methods for promoting self-care, and integrative and alternative therapies.	Dr. Andrea Sherman Email: Andrea.Sherman@nyu. edu

Emergency Preparedness: What are the Risks?	Public health, healthcare	Missouri and Illinois Gateway Geriatric Education Center	This presentation highlights natural and human-made disasters, provides guidance on self-education, and gives tips on how to prepare for disasters. Format: PowerPoint Presentation	Contact: Nina Tumosa Email: tumosan@slu.edu
Emergency Preparedness for our Community- Dwelling Elders	Public health, healthcare	Missouri and Illinois Gateway Geriatric Education Center	This presentation discusses why elderly persons need to update their emergency kits to include elder-specific items.	Contact: Nina Tumosa Email: tumosan@slu.edu
Title: Emergency Preparedness: Focusing on Nursing Homes	Nursing home staff	Missouri and Illinois Gateway Geriatric Education Center	This presentation includes a quiz (can be adapted to an Audience Response System) that educates nursing home staff on how to be better prepared for emergencies.	Contact: Nina Tumosa Email: tumosan@slu.edu
Emergency Preparedness for Out Elderly: Lessons Learned from Katrina, Rita, and Wilma	Public health	Missouri and Illinois Gateway Geriatric Education Center	This presentation discusses the Hurricane season of 2005 and 10 lessons learned on how to be better prepared for assisting the elderly during emergencies Format: PowerPoint Presentation	Contact: Nina Tumosa Email: tumosan@slu.edu
Emergency Pre-Planning: Saving Our Seniors	Public health	Missouri and Illinois Gateway Geriatric Education Center	This presentation describes the elements of a good plan to be prepared for disasters	Contact: Nina Tumosa Email: tumosan@slu.edu
Emergency Preparedness Training: Focus on Our Elders	Nursing home, healthcare	Missouri and Illinois Gateway Geriatric Education Center	This game presents five scenarios about disasters that befall elders living in the community and in the nursing home.	Contact: Nina Tumosa Email: tumosan@slu.edu

Emergency Preparedness Training: Focus on Our Elders; Spanish version	Nursing home, healthcare	Missouri and Illinois Gateway Geriatric Education Center	This game, in Spanish, presents four scenarios about disasters that befall elders living in the community and in the nursing home.	Contact: Nina Tumosa Email: tumosan@slu.edu
Aging Successfully Newsletter Articles	Healthcare	Missouri and Illinois Gateway Geriatric Education Center	Several newsletter articles address various programs designed to educate healthcare professionals about how to aid the elderly in a disaster. These articles are longer versions of the PowerPoint presentations listed above.	Contact: Nina Tumosa Email: tumosan@slu.edu Newsletter and on the web at http://aging.slu.edu
Disaster Kit for Community- dwelling Elders	Elderly	Missouri and Illinois Gateway Geriatric Education Center	This kit consists of several senior-specific items (pill boxes, identification bracelet, picture album, etc). The actual kit comes with instructions on how to duplicate the kit.	Contact: Nina Tumosa Email: tumosan@slu.edu
Disaster Kit for Nursing Home Residents	Individuals, nursing home staff, healthcare	Missouri and Illinois Gateway Geriatric Education Center	This small kit contains items such as a mask, an ID bracelet and a light stick, all designed to make evacuation from a nursing home in an emergency safer.	Contact: Nina Tumosa Email: tumosan@slu.edu
Disaster Preparedness for Nursing Homes	Nursing home staff	Missouri and Illinois Gateway Geriatric Education Center	This presentation consists of 5 hours of instruction on how to create effective evacuation plans for nursing homes.	Contact: Nina Tumosa Email: tumosan@slu.edu
Disaster: A Community Plan	Public health, policymakers	Missouri and Illinois Gateway Geriatric Education Center	This item provides the essential elements of a good community plan that will help seniors survive a disaster.	Contact: Nina Tumosa Email: tumosan@slu.edu
Prepared: an Individual Plan	Elderly individuals	Missouri and Illinois Gateway Geriatric Education Center	This mnemonic outlines the essential components that every individual should include in his/her disaster planning.	Contact: Nina Tumosa Email: tumosan@slu.edu

Emergency Preparedness and Disaster Planning: A Regional Plan	Public health, first responders	Missouri and Illinois Gateway Geriatric Education Center	This mnemonic provides a comprehensive listing of the key components of a region-wide emergency preparedness plan for the elderly.	Contact: Nina Tumosa Email: tumosan@slu.edu
Emergency Preparedness Kits for Seniors	Elderly, public health	Missouri and Illinois Gateway Geriatric Education Center	Illustration of all of the senior-specific components of an emergency preparedness kit	Contact: Nina Tumosa Email: tumosan@slu.edu
Individual and Family BTEPA Planning Tool for Bioterrorism and Emergency Preparedness in Aging	Elderly	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	This is a fill-in-the-blanks planning tool for older persons and their families.	Contact: Arleen Johnson Email: arleen@uky.edu http://www.research.uky.edu/ aging/btepa/emergencyplans. html
Agency BTEPA Planning Tool for Bioterrorism and Emergency Preparedness in Aging	Public health, healthcare,	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	This is a fill-in-the-blanks planning tool for agencies serving older persons.	Contact: Arleen Johnson Email: arleen@uky.edu http://www.research.uky.edu/ aging/btepa/emergencyplans. html
Aging OVAR/ GEC: Developing an Agency Emergency Plan	Public health, healthcare agencies	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	This presentation provides in-depth information on steps needed to develop emergency plans, guidelines for using an agency vulnerability analysis, and explanation of key emergency management elements.	Free access at http://ky.train.org
Aging OVAR/ GEC: The Aging Network	Public health	Ohio Valley Appalachian Region (OVAR)Geriatric Education Center	This presentation is an in-depth overview of national, state, and local Aging Services Agencies that will help those unfamiliar with the aging network.	Free access at http://ky.train.org

Aging OVAR/GEC: Helping Aging Services Providers Prepare for Bioterrorism and Emergencies	Public health	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	This presentation reviews major emergency preparedness issues & concerns of older persons and strategies for meeting each. It is targeted at aging services providers.	Free access at http://ky.train.org
What Elders Want to Know About Bioterrorism and Emergency Preparedness	Public health	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	Identifying major emergency preparedness issues & concerns of older persons and strategies for meeting each is the focus of this presentation.	Contact: Arleen Johnson Email: arleen@uky.edu
Bioterrorism Awareness: What Individuals Should Know to Reduce the Threat	Public health	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	This presentation discusses on how terrorists select targets and how to avoid being targeted.	Contact: Arleen Johnson Email: arleen@uky.edu
Mental Health Responses to Bioterrorism: What About Older Adults	Mental health, public health	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	A presentation on prevention, assessment and intervention strategies, which includes a focus on mental health and older adults.	Contact: Arleen Johnson Email: arleen@uky.edu
Risk of Bioterrorism for the Elderly: Will we be Ready to Meet Their Needs?	Nurses	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	Directed at nursing personnel, this presentation addresses nursing strategies in bioterrorism and emergencies.	Contact: Arleen Johnson Email: arleen@uky.edu
Disaster Services: Federal Resources	Public health	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	This presentation provides in-depth information on federal agencies that respond to national emergencies.	Contact: Arleen Johnson Email: arleen@uky.edu

Bioterrorism and Aging 101: The Medical Needs of the Elderly	Public health	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	This introductory presentation focuses on a review of the usual physical changes associated with aging. It provides the basis for further discussions on appropriate interventions for the elderly in the event of a bioterrorist threat or emergency.	Contact: Arleen Johnson Email: arleen@uky.edu
Disaster Services: Volunteer and Non-Profit Agencies	Public health	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	Designed to enhance communication and knowledge about the role of community agencies, this presentation reviews non-governmental agencies involved in disaster relief.	Contact: Arleen Johnson Email: arleen@uky.edu
Internet BTEPA Data Base	Public health, mental health	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	Internet data base searchable by NAGEC response, emergency plans, biomedical issues, aging/public emergencies, planning/mobilizing resources, public communication, mental/behavioral health, ethical/legal issues, additional resources, and complete bibliography.	http://www.research.uky.edu/ aging/btepa/index.html
Six "Category A" Bioterror Diseases/ Agents: Their Effect on the Older Adult by Robin McFee,D.O.	Healthcare	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	This presentation includes key bioterrorism agents, clinical considerations of older vs. younger victims of biological weapons, and clinician/health care provider challenges facing the aging community.	Contact: Arleen Johnson Email: arleen@uky.edu
Bioterrorism: Homeland Security for the Aging and Bioterrorism ad Aging: Developing Strat-	Public health	Ohio Valley Appalachian Region (OVAR) Geriatric Education Center	This collection of conference presentations includes the history and current initiatives in bioterrorism and emergency preparedness and developing strategies for identifying and meeting the emergency needs of older adults.	Contact: Arleen Johnson Email: arleen@uky.edu

egies and Resources by Scott A. Lillibridge, M.D.				
Sensory Loss and Emergency Preparedness Strategies for Elders with Diabetes from Diverse Ethnic Backgrounds	Public health, healthcare	Stanford Geriatric Education Center	The mnemonic "E.T.H.N.I.C. E.L.D.E.R.S." is introduced to increase awareness of cultural factors for training service providers and developing culturally appropriate emergency preparedness responses before, during, and post-event recovery.	A copy of the tool is available at http://sgec.stanford.edu. A CD on "Mental Health Aspects of Diabetes in Elders from Diverse Ethnic Backgrounds" can be purchased for a nominal fee from the Stanford Geriatric Education Center at http://sgec.stanford.edu; Email: stanfordgec@stanford.edu; or Phone: (650) 494.3986.
BTEPA: Bioterrorism and Emergency Preparedness in Aging	Public health, first responders	Texas Consortium Geriatric Education Center	This program emphasizes what frontline health care providers need to know to recognize and treat older people exposed to human-made disasters, especially those involving the CDC's six Class A biological agents. The program also shows how to prepare health care facilities to deal with the issue and has sections on ethics and resources.	Contact: Dr. Robert Roush Email: rroush@bcm.edu
BTEPA for Nurses	Nurses	Texas Consortium Geriatric Education Center	This program includes most of the above content but targets nurses as a special group of providers.	Contact: Dr. Vaunette Fay Email: Vaunette.P.Fay@uth.tmc. edu
Geriatric Emergency Preparedness and Response Issues: LessonsLearned	Public health, first responders	Texas Consortium Geriatric Education Center	This presentation discusses the four pillars of preparedness in light of the Hurricane season of 2005 and lists lessons learned on how to be better prepared to assist older people during and after emergencies.	Contact: Dr. Robert Roush Email: rroush@bcm.edu

from Katrina, Rita, and Wilma				
Enhancing Safe and Supportive Communities for Vulnerable Elders: Bioterrorism and Emergency Preparedness and Response	Public health	Western Reserve Geriatric Education Center	This web site contains four modules that provide information on: 1) bioterrorism threats and category A & select category B diseases/agents; 2) the physiologic vulnerability of older adults in a public health emergency; 3) mental health issues and helping elders cope with threats of bioterrorism; and 4) legal considerations, balancing safety with civil rights of older adults in a community emergency.	http://darla.neoucom.edu/ ElderPrepare/
Taking Steps Toward Enhancing Emergency Preparedness and Response in Long Term Care Facilities	Nursing home staff, long-term care facilities	Western Reserve Geriatric Education Center	This instructional guide provides a process, through the use of table-top exercises, for long-term care administrators and staff to strengthen their policies and procedures for emergency preparedness and response.	http://www.neoucom.edu/ audience/about/departments/ Gerontology or http://www.wrgec.org
PREPARE: Emergency and Disaster Training for the Long-Term Care Workforce	Healthcare, nursing home administrators	Mather Life Ways Institute on Aging	A free, two-day train-the-trainer workshop to develop an effective preparedness plan, recognize and respond to manmade and natural threats, and to involve local, state, and national agencies	http://www.matherlifeways. com/re_prepare.asp Phone: (847) 492-6803, Toll-free (888) 722-6468 Email: lhollingersmith@matherlife ways.com
Ready in 3: Before Emergencies Happen	Public	Missouri Department of Health and Senior Services	Video or DVD to help senior and others with special needs to prepare for emergencies.	http://www.dhss.mo.gov/ Ready_in_3/Seniors.html
We Can Do Better: Lessons Learned for Protecting Older Persons in Disasters	Public health, health care, social services providers	AARP	Full report & summary	http://www.aarp.org/research/ assistance/lowincome/better. html

■ PEDIATRIC POPULATIONS

"Pediatrics" is typically designated as those from birth to age 18. In 2004, more than 25 percent (roughly 73.3 million) of the total U.S. population was under age 18. Of that substantial population, 20.1 million were under the age of 5 (7 percent of total population). Although a significant proportion of children under age 18 may have a physiologic composition similar to that of adults, younger children have special requirements related to physical needs.

In emergency preparedness efforts, it is commonly believed that whatever is acceptable for adults is acceptable for children. However, children have unique physical, mental, and social needs, particularly in the case of emergencies or disasters. While some of these physical needs of children are similar to those of adults due to weight or height in older children, the social and mental health needs of children are unique throughout the spectrum of children compared to adults. Although the needs may differ by age and developmental state, children's needs do differ from those of adults and these differences must be considered for emergency preparedness, response and recovery. The following resources focus on a number of areas related to children. These include: physical and mental health, school specific resources, as well as tools targeted at families and caregivers.

Clinical Resources

Title	Audience	Source	Description	Available at
Care of Children in Emergency Departments: Guidelines for Preparedness	Physicians	American Academy of Pediatrics (AAP)	This statement provides guidelines for necessary resources to ensure that children receive quality emergency care and to facilitate, after stabilization, timely transfer to a facility with specialized pediatric services when appropriate.	http://aappolicy. aappublications.org/cgi/ content/full/ pediatrics%3b107/4/777
Advanced Trauma Life Support	Clinical care providers	Committee on Trauma of the American College of Surgeons	This course emphasizes the first hour of initial assessment and primary management of the injured patient, A pediatric component is included in this course.	http://www.facs.org/trauma/atls/ information.html The ATLS course is offered at major hospitals nationwide.
Pediatric Advanced Life Support	Pediatricians, house staff, emergency physicians, family physicians, nurses, paramedics, respiratory therapists, and other healthcare	American Academy of Pediatrics and the American Heart Association	This course prepares health-care providers to perform basic and advanced life support techniques for children as recommended by the American Heart Association. Course length is 16 hours.	http://www.americanheart.org/ presenter.jhtml?identifier=3012001 The PALS course is offered at major hospitals nationwide.

	providers who are responsible for the well-being of infants and children			
JumpSTART	Emergency responders and clinicians	Lou Romig, M.D.	A system modeled after the widely recognized START (Simple Triage and Rapid Treatment) program, which is designed to help rescuers quickly and accurately categorize pediatric patients into treatment groups.	http://www.jumpstarttriage.com/
Decontamination Of Children: Preparedness and Response For Hospital Emergency Departments	Emergency responders and clinicians	The Agency for Healthcare Research And Quality	This 27-minute video provides a step-by-step demonstration of the decontamination process in real time and trains emergency responders and clinicians about the nuances of treating infants and children, who require special attention during decontamination.	http://www.ahrq.gov/research/ decontam.htm
Greater New York Hospital Association Briefing on Pediatric Issues in Emergency Preparedness	First responders and clinical professionals	The Center for Pediatric Emergency Medicine, Columbia University, Bellevue Hospital Center / New York University School of Medicine, others	The GNYHA has a series of presentations related to the clinical needs of children during disasters. The audience target includes first responders and clinical professionals.	http://www.gnyha.org/eprc/ general/
Pediatric Trauma Preparedness	Nurses Physicians and Other Clinicians Social Workers Emergency Responders	Children's Health Alliance of Wisconsin, Children's Hospital of Wisconsin Poison Center and Children's Health Education Center	These pediatric trauma preparedness modules are tools to assist individuals in responding to traumatic events affecting children, including bioterrorism, infectious disease outbreaks and other emergencies.	https://ar.train.org/ DesktopModules/eLearning/ CourseDetails/CourseDetailForm. aspx?tabid=62&CourseID=1002 287

Mental Health Resources

Title	Audience	Source	Description	Available at
How Pediatricians Can Respond to the Psychosocial Implications of Disasters	Physician	American Academy of Pediatrics (AAP)	This resource provides information on how to help with mental health needs of young patients.	http://aappolicy. aappublications.org/cgi/ content/full/pediatrics;103/2/521
The Pediatrician and Childhood Bereavement	Physician	American Academy of Pediatrics	This resource provides information on how to help with mental health needs of young patients.	http://aappolicy. aappublications.org/cgi/ content/full/pediatrics;103/2/521
Responding to Children's Emotional Needs During Times of Crisis: An Important Role for Pediatricians	Physician	American Academy of Pediatrics	This resource provides information on how to help with mental health needs of young patients.	http://www.aap.org/terrorism// topics/parents.pdf
Feelings Need Check Ups too	Physicians	American Academy of Pediatrics	This resource informs pediatricians about crisis-related mental health problems, demonstrates the use of various screening tools through a case study approach and provides information on other needs.	http://www.aap.org/profed/ childrencheckup.htm
Helping the Children: A Practical Handbook for Complex Humanitarian Emergencies.	Responders (not child health specialists)	International Pediatric Association Mandalakas A, Torjesen K, Olness K, Eds.	This document provides a practical guide to caring for children during complex humanitarian emergencies. The manual is written for people who respond during complex humanitarian crises but are not child health specialists.	http://www.ipa-world.org/pdf/ Children%20in%20Disasters%20M anual.pdf

Parent's Guide for Talking with their children about war	Teachers, parents, and other professionals	National Center for Children Exposed to Violence	Resources include relevant websites, references, and documents for teachers, parents, and other professionals.	http://www.nccev.org/docs/ children_war.pdf
Psychosocial Issues for Children and Families in Disasters: A Guide For The Primary Care Physician	Primary care physicians	SAMSHA, AAP	The purpose of the booklet is to provide physicians with information related to disaster response and recovery. The need to engage the primary care physician is recognized.	http://www.mentalhealth. samhsa.gov/publications/ allpubs/SMA95-3022/default.asp
How to Help Children after a Disaster	Parents	SAMHSA	This information sheet is one in a number related to disasters and the mental health of children. This one provides tips for talking to children after a terrorist attack.	http://www.mentalhealth. samhsa.gov/publications/ http://www.mentalhealth. samhsa.gov/publications/ allpubs/ken-01-0091/default.asp
Tips for Talking to Children in Trauma: Interventions at Home for Preschool to Adolescence	Parents and other caregivers	SAMHSA	This resource provides developmentally appropriate tips for talking with children about trauma and ways to help them deal with certain issues. Information is provided for preschoolers, elementary age children, pre-adolescents and adolescents.	http://www.mentalhealth. samhsa.gov/publications/ allpubs/NHH02-0138/default.asp
After Disaster: What Teens Can Do	Parents, other caregivers, teens	SAMHSA (from Project Heartland— OK City bombing project)	This resource provides information for teenagers in how to deal with anger and anxiety productively.	http://www.mentalhealth. samhsa.gov/publications/ allpubs/KEN-01-0092/default.asp
Tips for Talking to Children after a Disaster: A Guide for Parents and Teachers	Parents, other caregivers	SAMHSA (from Project Heartland— OK City bombing project)	This resource provides information on age-appropriate warning signs of children who have experienced severe trauma.	http://www.mentalhealth. samhsa.gov/publications/ allpubs/KEN-01-0093/default.asp

How Families Can Help Children Cope with Fear and Anxiety	Parents and caregivers	SAMHSA	This fact sheet is part of the Caring for Every Child's Mental Health Campaign and offers tips for parents and other caregivers related to helping children cope with anxiety that violence, death, and disasters can cause.	http://www.mentalhealth. samhsa.gov/publications/ allpubs/CA-0022/default.asp
Helping Children and Adolescents Cope with Violence and Disasters	Parents, teachers, caregivers, health care providers	National Institute of Mental Health	The purpose of this fact sheet is to tell what is known about the impact of violence and disasters on children and adolescents and suggest steps to minimize long-term emotional harm.	http://www.nimh.nih.gov/ publicat/violence.cfm
Coping with Traumatic Events: Parents Guide- lines for Talking with Young Children about War and Terrorism	Parents, other caregivers, teachers, etc.	SAMHSA (developed by the National Traumatic Stress Network)	Resource focuses on young children	http://www.mentalhealth. samhsa.gov/cmhs/ TraumaticEvents/children.asp
Coping with Traumatic Events: Parents Guide- lines for Talking with School-age Children about War and Terrorism	Parents, other caregivers, teachers, etc.	SAMHSA (developed by the National Traumatic Stress Network)	Resource focuses on school-age children	http://www.mentalhealth. samhsa.gov/cmhs/ TraumaticEvents/schoolage.asp
Coping with Traumatic Events: Parents Guide- lines for Talking with Teenagers about War and Terrorism	Parents, other caregivers, teachers, etc.	SAMHSA (developed by the National Traumatic Stress Network)	Resource focuses on teenagers	http://www.mentalhealth. samhsa.gov/cmhs/ TraumaticEvents/teenagers.asp

Coping with Traumatic Events	Teachers	SAMHSA	Resource provides tips for teachers on how to support children during times of war	http://www.mentalhealth. samhsa.gov/cmhs/ TraumaticEvents/teachers.asp
Emergency Mental Health and Traumatic Stress: Tips for Teachers; Marking Disaster Anniversaries in the Classroom	Teachers	SAMHSA	Resource on how to mark disaster anniversaries in the classroom. This includes age-appropriate activities to acknowledge the anniversaries.	http://www.mentalhealth. samhsa.gov/cmhs/ EmergencyServices/oneyear. asp
Emergency Mental Health and Traumatic Stress: Tips for Teachers; Questions to help children talk about a disaster	Classroom teachers	SAMHSA	This resource provides a series of questions that assist teachers in helping children express their feelings and experiences related to a disaster	http://www.mentalhealth. samhsa.gov/cmhs/ EmergencyServices/ questions.asp
Emergency Mental Health and Traumatic Stress: Tips for Teachers	Teachers	SAMHSA	This resource provides a series of questions that assist teachers in helping children express their feelings and experiences when talking does not help	http://www.mentalhealth. samhsa.gov/cmhs/ EmergencyServices/ otherways.asp
Emergency Mental Health and Traumatic Stress: Tips for Teachers; The role of culture in helping children recover from a disaster	Teachers	SAMHSA	This resource provides insight into incorporating cultural differences into disaster recovery in the classroom.	http://www.mentalhealth. samhsa.gov/cmhs/ EmergencyServices/ culture.asp

Helping Children Cope with Disaster	Parents, caregivers and other adults	FEMA and The American Red Cross	This booklet offers parents, caregivers, and other adult's suggestions on how to help children cope with the effects of disaster, as well as how to be prepared before a disaster strikes.	http://www.fema.gov/pdf/ library/children.pdf
Facing Fear: Helping Young People Deal with Terrorism and Other Tragic Events	Educators and caregivers of children	The American Red Cross	This resource includes ready-to-go lesson plans, activities, and demonstrations that can be incorporated within core subject areas.	http://www.redcross.org/ disasters/masters/facingfear/
Helping Young Children Cope with Trauma	Parents, caregivers	American Red Cross	This brochure provides general information about how to help children recover more quickly and more completely after an event	http://www.prepare.org/ children/childrencope.htm
The Youngest Victims	Pediatricians and other planners	AAP	Fact sheet for providers that gives information specifically related to children	http://www.aap.org/terrorism/ topics/PhysiciansSheet.pdf
Caring for Kids After Trauma and Death	Teachers, mental health professionals, and parents	Institute for Trauma and Stress at the NYU Child Study Center	Describes how children grieve at different ages and the specific ways teachers, mental health professionals, and parents can help them with the immediate and ongoing tasks of grieving.	http://www.aboutourkids.org/ aboutour/articles/crisis_guide02. pdf
NASP Crisis Resources	Teachers, school counselors, psychologist, parents, etc.	National Association of School Psychologists	Provides resources on natural disasters, including Natural Disasters from NASP's Best Practices in School Crisis Prevention and Intervention, Helping Children in the Event of a Tsunami: Information for Parents and Teachers, and Effects of the Indian Ocean Tsunami: Helping Children Cope. These resources and other useful links are available on this page.	http://www.nasponline.org/ NEAT/crisismain.html

Psychological Impact of Disasters on Children	Health care providers, mental health professionals, school officials, etc.	National Children's Advocacy Center	A bibliography which lists resources pertaining to psychological trauma experienced by children as a result of natural disasters (with an emphasis on hurricanes).	http://www.nationalcac.org/ professionals/library/ Disasters-Children-Resource- Guide.pdf
Helping Children Cope with Loss	Parents, care givers, teachers, etc.	National Mental Health Association	Contains information on children's responses and tips for helping children and adolescents grieve. The fact sheet also links to a resource on tips for primary care physicians on talking with patients about trauma.	http://www.nmha.org/ reassurance/childcoping.cfm
Crisis Communication Guide and Toolkit	Administrators, safety officers, and others	National Education Association	This guide can help members improve organization's ability to respond in a crisis	http://www.nea.org/crisis/ index.html
Parent's Guide- lines for Helping Children After a Hurricane	Parents, care givers	National Child Traumatic Stress Network	Children's reactions to the hurricane and its aftermath are strongly influenced by how their parents, teachers, and other caregivers cope during and after the storm.	http://www.nctsnet.org/nctsn_ assets/pdfs/parents_guidelines_ talk_children_hurricanes.pdf
What You Should Know about the Emotional Impact of Hurricanes	Parents, care givers	National Child Traumatic Stress Network	After a hurricane most families can be expected to recover over time, particularly with the support of family, friends, and organizations.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
What You Should Know About the Emotional Impact of Floods	Parents, care givers	National Child Traumatic Stress Network	Children react differently to a flood and its aftermath depending on their age, developmental level, and prior experiences.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
How To Find Help	Parents, care givers	National Child Traumatic Stress Network	As a general rule of thumb, if a child's responses (for example, nightmares and recurrent thoughts or fears) have been getting worse instead of better over time, consider seeking a referral to a trained and	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource

			qualified mental health professional.	
How Can Parents and Caregivers Help?	Parents, care givers	National Child Traumatic Stress Network	This resource provides some suggestions about ways to support your children, including open communication, emotional support, and practical support.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
Parents' Guide for Helping Children in the Wake of Disaster	Parents, care givers	National Child Traumatic Stress Network; National Center for Children Exposed to Violence at the Yale Child Study Center, New Haven, Connecticut.	These guidelines are offered to help parents address their children's concerns and worries arising from the effects of Hurricane Katrina and similar natural disasters that cause wide spread death, loss, displacement and injury.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
After the Hurricane: Helping Young Children Heal	Parents, care givers	National Child Trau- matic Stress Network; Child Trauma Research Project of the Univer- sity of California San Francisco, part of the Early Trauma Treatment Network.	Young children, toddlers, and preschoolers even babies know when bad things happen, and they remember what they have been through. Here are some ways you can help them.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
Helping Young Children and Families Cope with Trauma	Parents, care givers	National Child Traumatic Stress Network; Harris Center for Infant Mental Health, Violence Intervention Program & Safe Start, Louisiana State University Health Sciences Center, New Orleans.	This resource helps parents and caregivers provide children with the support needed when faced with trauma.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource

Childhood Traumatic Grief Educational Materials for Parents	Parents, care givers	National Child Traumatic Stress Network	The information presented here provides an overview of childhood traumatic grief, its general signs and symptoms, and some suggestions on what parents can do to help their child.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
Psychological First Aid for Mental Health Providers	Health care providers	National Child Traumatic Stress Network	Psychological First Aid is designed for providers to give practical assistance to meet immediate needs and concerns, reduce distress, and foster adaptive coping.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
The Healing After Trauma Skills Manual	Health care providers	National Child Traumatic Stress Network	Designed for use primarily with pre- kindergarten through elementary school and early middle school children who have experienced a trauma/disaster.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
Providers' Guide: Helping Children in the Wake of Disasters	Health care providers	National Child Traumatic Stress Network; National Center for Children Exposed to Violence at the Yale Child Study Center, New Haven, Connecticut.	These guidelines are provided to help relief workers, parents and responsible caregivers address their children's concerns and worries arising from displacement, injury, and loss associated with natural disasters.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
Childhood Traumatic Grief Materials for Pediatricians and Pediatric Nurses	Health care providers	National Child Traumatic Stress Network	This targeted package includes brief information sheets as well as in-depth descriptions and guidelines on recognizing and enquiring about traumatic grief in young patients.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
Pediatric Medical Trauma Stress Toolkit for Medical Care	Health care providers	National Child Traumatic Stress Network	The materials provide: (1) an introduction to traumatic stress as it relates to children facing illness, injury, and other medical events; (2) practical tips and tools for health	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource

Provider			care providers; and (3) handouts that can be given to parents that present evidence- based tips for helping their child cope.	
Medical Events and Traumatic Stress for Children and Families	Parents, care givers, health care providers	National Child Traumatic Stress Network	This presentation offers both personal, anecdotal and statistical information on the impact of traumatic medical events on children, parents, and healthcare providers.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
Center for Substance Abuse Treatment Disaster Recovery Resources	Families, teens, etc.	National Child Traumatic Stress Network	The Center for Substance Abuse Treatment developed these materials to help medical and mental health providers address issues related to substance abuse following disasters.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
Teachers' Guidelines for Helping Children after a Hurricane	Teachers,	National Child Traumatic Stress Network	This resource provides teachers with the needed resources to help children with hurricanes and their aftermath.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
Childhood Traumatic Grief Materials for School Personnel	Teachers, school personnel	National Child Traumatic Stress Network	School personnel play important roles in observing children, understanding how to create a supportive school environment, and knowing when it is best to suggest referral to a professional.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
Trauma Pamphlet for Teachers	Teachers, school personnel	National Child Traumatic Stress Network	This pamphlet includes suggestions for teachers taking care of themselves during stressful times, as well as tips on working with traumatized children.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_hurr_ resource
Tornados	Parents, teachers, etc.	National Child Traumatic Stress Network	This resource provides information related to traumatic stress in children as a result of tornados.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_torn_ desc&disasterType=torn

Fires	Parents, teachers, etc.	National Child Traumatic Stress Network	The Terrorism and Disaster Branch of the NCTSN has provided information and resources about wildfires and residential fires to help parents know what they can do to protect their family's emotional well-being in the event and aftermath of a fire.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_rfire_main
Floods	Parents, teachers, etc.	National Child Traumatic Stress Network	This resource provides information related to traumatic stress in children as a result of floods	http://www.nctsnet.org/nccts/ nav.do?pid=typ_nd_flood_ desc&disasterType=flood
Biological Terrorism	Parents, teachers, etc.	National Child Traumatic Stress Network	This resource provides information related to traumatic stress in children as a result of biological terrorism.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_terr_bio_desc
Chemical Terrorism	Parents, teachers, etc.	National Child Traumatic Stress Network	This resource provides information related to traumatic stress in children as a result of chemical terrorism.	http://www.nctsnet.org/nccts/ nav.do?pid=typ_terr_chem_ desc&disasterType=chem
"The Handbook of Frequently Asked Questions Following Traumatic Events: Violence, Disasters, or Terrorism" by Paramjit T. Joshi, MD Shulamit M. Lewin, MHS, and Deborah A. O'Donnell, PhD (2002)	Teachers, parents, school staff, child care providers, others	International Center to Heal our Children Spanish language version available	Provide teachers, parents, school staff, child care providers, and others who take care of children with information about how to recognize normal child reactions to stress.	http://www.dcchildrens.com/ dcchildrens/about/subclinical/ subneuroscience/ichoc_ resources.aspx
The Mental Health Aftermath of Hurricane Katrina: How Can We Help	General	NYU Child Study Center	Fact Sheet: Hurricane Katrina victimized children in many ways. It took away homes, displaced children from neighborhoods, removed children from cities, separated	http://www.aboutourkids.org/ aboutour/articles/katrina_ mental_health_aftermath.html

Children get Back on Their Feet?			children from loved ones, destroyed communities, and killed loved ones.	
The Psychological Effects of Hurricane Katrina for Child and Adolescent Survivors	General	NYU Child Study Center	Fact Sheet: The effects of witnessing and/or being a victim of Hurricane Katrina will vary for children depending on their age, how they experienced the event, their ability to understand what is going on around them, and whether they were or are currently separated from parents or other primary care providers.	http://www.aboutourkids.org/ aboutour/articles/katrina_ psychological_effects.html
Talking to Kids About World Natural Disasters	General	NYU Child Study Center	Fact Sheet: In the aftermath of Hurricane Katrina television and other media are depicting graphic scenes of devastation and destruction, with images of dislocated families, weeping survivors, destroyed homes, flooded neighborhoods, and desperate rescues.	http://www.aboutourkids.org/ aboutour/articles/talking_to_ kids_natural_disaster.html
Hope After a Hurricane Ages 1-5	Parents, care givers, general audience	North Carolina	Handout of tips to care for children following a hurricane by age. The materials and information provided here are intended to help deal with the emotional effects of all kinds of disasters.	http://www.dhhs.state.nc.us/ mhddsas/disasterpreparedness/ hah1-5child.pdf
Hope After a Hurricane Ages 6-11	Parents, care givers, general audience	North Carolina	Handout of tips to care for children following a hurricane by age. The materials and information provided here are intended to help deal with the emotional effects of all kinds of disasters.	http://www.dhhs.state.nc.us/ mhddsas/disasterpreparedness/ hah6-11child.pdf
Hope After a Hurricane Ages 12-18	Parents, care givers, general audience	North Carolina	Handout of tips to care for children following a hurricane by age. The materials and information provided here are intended	http://www.dhhs.state.nc.us/ mhddsas/disasterpreparedness/ hah12-18child.pdf

Other Resources

Title	Audience	Source	Description	Available at
Schools and Terrorism: A Supplement to the National Advisory Committee on Children and Terrorism	General	Department of Health and Human Services	This document is a compilation of the recommendations of the National Advisory Committee on Children and Terrorism (NACCT). The intention of this document is to encourage the integration of children's needs into planning, response, and recovery for children.	http://www.bt.cdc.gov/ children/PDF/working/school. pdf
Recommended Emergency Supplies for Schools	Teachers	American Red Cross	This is a recommended list of emergency supplies for schools.	http://www.prepare.org/ children/schoolsupplies.htm
Practical Information on Crisis Planning: A Guide for Schools and Communities	Administrators, community leaders, others	U.S. Department of Education	This document is intended to provide schools, districts, and communities with the concepts and components for good crisis planning	http://www.ed.gov/admins/ lead/safety/emergencyplan/ crisisplanning.pdf
The 3 R's in Dealing with Trauma in Schools: Readiness, Response, and Recovery	School personnel	U.S. Department of Education; Harvard School of Public Health	This resource will explore issues related to trauma, its impact on children, and implications for schools and school personnel.	http://www.walcoff.com/ prevention/

National Clearinghouse for Educational Facilities	School personnel	NCEF	Provides a variety of resources related to disaster preparedness	http://www.edfacilities.org/rl/ disaster.cfm
Multi-hazard Emergency Planning for Schools	School adminis- trators, principals, first responders, teachers, students, bus drivers, volunteers, and parents	FEMA	This eight hour Multi-Hazard Emergency Planning for Schools course is a short and "easy to take" web-based course that focuses on multi-hazard emergency planning for schools.	http://training.fema.gov/ EMIWeb/IS/is362.asp
Family Readiness Kit: Preparing to Handle Disasters	Families	American Academy of Pediatrics		http://www.aap.org/family/frk/ aapfrkfull.pdf
Emergency Preparedness for Children with Special Health Care Needs	Physician/ Families	American Academy of Pediatrics	To facilitate prompt and appropriate emergency care for children with special health care needs, the American Academy of Pediatrics (AAP) and the American College of Emergency Physicians (ACEP) have developed an Emergency Information Form which can be used as a tool to transfer critical information about these children.	http://www.aap.org/ healthtopics/specialneeds.cfm
Your Disaster Family Plan	Parents and care givers	American Red Cross	Provides steps to create your family's disaster plan	http://www.prepare.org/ children/familyplan.htm
Be Ready 1-2-3 Workbook	Children	American Red Cross	Helps children ages 5-8 learn about home fires, earthquakes, winter storms through activities and demonstrations	http://www.prepare.org/ children/bereadybook.pdf

Disaster Preparedness Coloring Book	Children and educators, parents	American Red Cross	Designed for children ages 3-10 (and a parent and educator) to discuss disasters and ways to prepare for them.	http://www.prepare.org/ children/colorbook.pdf
FEMA for Kids	Children	FEMA	This site teaches children how to be prepared for disasters and how you can prevent disaster damage.	http://www.fema.gov/kids/
Sparky the Fire Dog	Children	National Fire Protection Association	A fun way for children to learn about fire safety	http://www.nfpa.org/sparky/ index.html
Emergency Preparedness for Child Care Programs	Child Care providers	National Child Care Information Center	Website provides a list of a variety of organizations that provide information relevant to child care providers	http://www.nccic.org/ poptopics.disasterprep.html
Public Health Emergency Preparedness: Strategies and Tools for Meeting the Needs of Children	State officials, policymakers; preparedness planners administrators of facilities that care for children, schools, school districts, and departments of education; and primary care practitioners.	AHRQ	This Web conference explores some of the key issues surrounding the preparedness planning for the care of children and highlights innovative research, tools and models that can be used in developing effective preparedness strategies for addressing the unique needs of children.	http://www.hsrnet.net/ahrq/ care4kids/
Disaster Preparedness for Families of Children with Special Needs	Families of Children with Special needs	Florida Institute for Family Involvement	The purpose of this document is to help families of children and youth with special health care needs be prepared in the event of an emergency, disaster, or act of terrorism.	http://www.fifionline.org/ images/PDF%20Files/PDF% 2010-13-05/Ready.pdf

Pediatric Disaster Preparedness Guidelines	Clinical providers. Public health, EMS, EMA, etc.	Illinois Emergency Medical Services For Children	These guidelines are offered as a resource for addressing the needs of children during disaster planning. This work is the result of collaboration between The Illinois Department of Public Health and Loyola University Medical Center. Target audiences are health care providers and health care facilities.	http://www.luhs.org/depts/ emsc/
Guide on the Special Needs of People with Disabilities for Emergency Managers, Planners, and Responders.	Emergency managers, planners, others	National Organization on Disability	This guide highlights key disability concerns to officials and experts responsible for emergency planning in their communities and seeks to assist them in developing plans that will take into account the needs and insights of people with disabilities before, during, and after emergencies.	http://www.nod.org/resources/ PDFs/epiguide2005.pdf
Emergency Preparedness in Child Care Settings	Child care providers	Indiana Department of Public Health	To build awareness about the importance of having emergency plans and policies in place in child-care settings and to offer some basic guidelines regarding the development of those plans.	http://www.in.gov/isdh/ bioterrorism/seminars.htm
Statement for the Hearing Record: The Needs of Children in the Event of an Influenza Pandemic	Policy makers	The American Academy of Pediatrics	The purpose of this statement is to raise awareness of the special needs of children in the event of an influenza pandemic.	http://www.aap.org/ advocacy/washing/ 112105PandemicInfluenza.pdf

Child Care and Preschool Pandemic Influenza Planning Checklist	Child care providers, administrators	U.S. Department of Health and Human Services	Checklists specifically for child care and preschool providers to develop and/or improve plans to prepare for and respond to an influenza pandemic	http://www.pandemicflu.gov/ plan/pdf/child_care.pdf
School District (K-12) Pandemic Influenza Planning Checklist	School administrators, teachers, etc.	U.S. Department of Health and Human Services	Checklists specifically for K-12 and school districts to develop and/or improve plans to prepare for and respond to an influenza pandemic	http://www.pandemicflu.gov/ plan/pdf/schoolchecklist.pdf
Colleges and Universities Pandemic Influenza Planning Checklist	College and university administrators	U.S. Department of Health and Human Services	Checklists specifically for colleges and universities to develop and/or improve plans to prepare for and respond to an influenza pandemic	http://www.pandemicflu.gov/ plan/pdf/colleges_universities. pdf
Childhood Emergencies in the Office, Hospital, and Community: Organizing Systems of Care	Primary care physicians	American Academy of Pediatrics	An examination of the state of the art of pediatric emergency care and guidelines for examining one's own practices. Includes community services available to physicians that assist in building a seamless, coordinated system of care that can improve emergency outcomes.	Available through the American Academy of Pediatrics at http://www.aap.org/bst/ showdetl.cfm?&DID=15& Product_ID=910I
*Psychosocial Issues for Children and Families in Disasters: A Guide For The Primary Care Physician	Physicians	SAMHSA, AAP	The booklet provides physicians with information related to disaster response and recovery. The need to engage the primary care physician is recognized.	http://www.mentalhealth. samhsa.gov/publications/ allpubs/SMA95-3022/default.asp

Centers for Public Health Preparedness Resources

Title	Audience	Source	Description	Available at
Pediatric Disaster and Terrorism Preparedness	Planners, clinical	National Center for Disaster Preparedness, Columbia University	On July 13, 2004, David Markenson, M.D., delivered a presentation in a web conference entitled, Surged Capacity and Health System Preparedness: Facilities and Equipment. These are the text and Power Point versions of Dr. Markenson's slide presentation. The entire length of the streaming video for the presentation is 1.5 hours.	http://www.ahcpr.gov/news/ ulp/btsurgefacil/
Pediatric Disaster and Terrorism Preparedness: A National Consensus Conference and The Pediatric Expert Advisory Panel	Clinical care providers, administrators	National Center for Disaster Preparedness, Columbia University; Centers for Disease Control	This paper reviews the current status of resources related to children and disasters. Also provided are some recommendations regarding increased preparations. This provides general information related to children and preparedness as well as some facility-specific and clinical practice guidelines	http://www.bt.cdc.gov/ children/pdf/working/ execsumm03.pdf
Pre-hospital emergency preparedness: A pediatric perspective	Clinical professionals and first responders	Albert Einstein College of Medicine	Provides an overview of specific protocols and procedures for emergency medical services personnel. The target audience is first responders and clinical professionals.	http://www.gnyha.org/eprc/ general/presentations/ 20040225_Pediatric_Prehosp.pdf
Controversies in preparation and response for children in the face of terrorism or disasters	First responders, Clinical Professionals	The Center for Pediatric Emergency Medicine, Columbia University	This presentation provides clinical information related to children and caring for them during disasters. The target audience is first responders and clinical professionals.	http://www.gnyha.org/eprc/ general/presentations/ 20040225_Controversies.pdf

Disaster Behavioral Health First Aid Specialist Training with Children (C-FAST)	First responders	University of South Florida Center for Public Health Preparedness	Disaster Behavioral Health First Aid Specialist Training with Children was designed to develop an in-depth understanding of children's typical responses to trauma and to implement a developmentally appropriate protocol of systematic theory based interventions for traumatized children.	http://www.fcphp.usf. edu/courses/course/course. asp?c=CFASTJAX
Supporting Children and Families Following Disasters and Terrorism	General	Emory University Center for Public Health Preparedness and Research	Dr. Schonfeld begins his lecture with simple and practical advice on how to support children and families during and after a crisis. He then outlines common symptoms of adjustment reactions that children can have and reviews the risk factors that will help identify which children are likely to benefit most from additional mental health services beyond "psychological first aid." In his lecture, Dr. Schonfeld shares some results of surveys that other people have done in New York City about the needs of children after 9/11. Finally, Dr. Schonfeld mentions general considerations for hospital and community preparedness planning for terrorism and disasters as related to children's mental health. Lecture format	http://www.sph.emory.edu/ GTRAIN/trainings/tls/schonfeld. html
*How to Speak with Children about War and Terrorism		Tulane University & University of Alabama at Birmingham South Central Center for Public Health	See course objectives. Archived Webcast, Slides	http://webcast. southcentralpartnership.org/
*Influenza Overview: Putting		University of Iowa Center for Public	This has been an unusually eventful year for influenza. In the U.S., seasonal activity began	http://www.public-health.uiowa. edu/icphp/products/videos.asp

the U.S. Flu Season & Asian "Bird Flu" Outbreak into Perspective	Health Preparedness (Developer), Centers for Disease Control & Prevention (Partner)	much earlier than usual. Attention was focused on the occurrence of severe complications in children, the adequacy of the vaccine supply, and the effectiveness of this year's vaccine Archived Webcast, CD-ROM, DVD, Video Tape	
*Smallpox Vaccination: Responsible Public Health in Troubled Times	University of Washington Northwest Center for Public Health Preparedness (Developer), Public Health-Seattle & King County (Partner), Washington State Department of Health (Partner)	This symposium also featured the following Introductory Talks Dr. John Neff, Children's Hospital & Regional Medical Center & Vice-Chair, ACIP Working Group on Smallpox Vaccine Adverse Effects Dr. Jeffrey Duchin, Chief, Communicable Disease Control Epidemiology & Immunization Section, Public Health-Seattle & King County.	http://www.nwcphp.org/ bodemer/
*Supporting Children in Times of Disaster	University of Washington Northwest Center for Public Health Preparedness	This Hot Topics forum is designed as a two part learning experience. Part One: Prior to the on-line session, view a recorded presentation entitled "Supporting Children and Families Following Disasters and Terrorism" made by Dr. Schonfeld in May 2004 as part of the Triangle Lecture Series at the Rollins School of Public Health, Emory University. Dr. Schonfeld emphasizes the appropriate planning and response actions of public health professionals to meet the specific needs of children in crisis situations.	http://healthlinks.washington.edu/nwcphp/htip/20040913/

POPULATIONS WITH DISABILITIES

Resources for the population with disabilities were identified using a systematic online search. A review of the resources indicates considerable overlap between the resources for the elderly, particularly the frail elderly, and resources for those with disabilities. Many of the resources for people with disabilities provide detailed checklists that could be of use to consumers. While some of these checklists provide a general framework of preparedness for people with disabilities, others address issues specific to certain disabilities.

Title	Audience	Source	Description	Available at
At Times of Disaster: A Focus on Caregivers	Professionals who care for those with severe and persistent mental illness	Developed by UMDNJ University Behavioral HealthCare and NJCPHP with support from NJDHSS and NJ Div. of Mental Health Services	A film for professionals who care for those with severe and persistent mental illness, including how to prepare your consumers and facilities for an emergency, special information on expected reactions from consumers, and self care/wellness techniques for caregivers.	Contact Emily Perry Phone: (732) 235-9703 Email: perryem@umdnj.edu
Planning for the Needs of Special Populations	State and local public health professionals and their partners (e.g., healthcare professionals, EMS personnel, law enforcement, media representatives, etc).	University at Albany (SUNY) Center for Public Health Preparedness (Developer), University of California Berkeley Center for Infectious Disease Preparedness (Partner), Collaborating Agencies Responding to Disasters (CARD) (Partner)	This program, incorporating lessons learned from Hurricane Katrina, will address planning and outreach programs to protect the lives and health of segments of the community sometimes overlooked by the intergovernmental community (e.g., the elderly, people with disabilities, persons with limited or no English). Archived Webcast, Slides, Transcript, Video Tape	Contact: Colleen Signer Phone: (518) 486-7921 Email: csigner@uamail.albany. edu http://www.ualbanycphp.org/ GRS/eventCurrent.cfm?id=48

Preparing for Disaster for People with Disabilities and other Special Needs	Individuals with disabilities, their caregivers and families with members who have a disability or have special needs, and their support networks.	FEMA and the American Red Cross	A booklet providing information written for consumers and their caregivers, organized in four steps; get informed, make a plan, assemble a kit, and maintain the plan and kit.	http://www.fema.gov/pdf/ library/pfd_all.pdf
Disaster Preparedness for People With Disabilities	Individuals who have physical, visual, auditory, or cognitive disabilities, and their caregivers.	American Red Cross	This booklet has been created to help people who have physical, visual, auditory, or cognitive disabilities in order to prepare for natural disasters. The booklet provides information and helps the user organize a disaster plan.	http://www.redcross.org/ services/disaster/beprepared/ disability.pdf
Best Practices - Emergency Preparedness and People with Disabilities	Emergency managers, people with disabilities, employers, parents and teachers, shelter managers, first responders	American Association on Health and Disability	Comprehensive web-based materials for various audiences	http://aahd.us/research/ BestPractices/emergencyPrep. htm
Tips for First Responders	Emergency response personnel	Center for Development and Disability in the University of New Mexico's School of Medicine	Easy to understand guide for interactions with people with a variety of disabilities	http://cdd.unm.edu/products/ TipsForFirstResponders.htm
Interactive Directory of Resources	Individuals, care- givers, public health, first responders	National Organization on Disability	This interactive map provides a directory of regional, state, and local disability-related emergency management resources.	http://www.nod.org/index. cfm?fuseaction=Page. viewPage&pageId=11

Disaster Preparedness Tips	Individuals, caregivers, public health	National Organization on Disability	Separate checklists for preparedness are provided for people with mobility, sensory, or cognitive disabilities.	http://www.nod.org/index. cfm?fuseaction=Page. viewPage&pageId=11
Emergency Preparedness Guide	Managers, planners, responders	National Organization on Disability	The purpose of this guide is to provide direction to planners and policymakers on how to better accommodate the needs of the people with disabilities in emergency planning.	http://www.nod.org/index. cfm?fuseaction=page.viewPage &pageID=1430&nodeID=1&Featu reID=1034&redirected=1&CFID=4 381162&CFTOKEN=3950163
Emergency Planning and Special Needs Populations	Emergency managers, first-responders, special needs coordinators, community-based organizations	Emergency Management Institute	This 2½-day course is intended to provide those with responsibilities for providing emergency planning or care of seniors, people with disabilities, and/or special needs groups with the skills and knowledge they will need to prepare for, respond to, and recover from emergency situations.	Contact individual state emergency management agency for more information on course number G197. http://www.fema.gov/about/contact/statedr.shtm
Disaster Preparedness: Preliminary Observations on the Evacuation of Vulnerable Populations due to Hurricanes and other Disasters	State and local health agency staff, healthcare facility, administrators, social services providers	United States Government Accountability Office	Report focusing on the challenges faced in evacuating vulnerable populations who are in hospital and nursing facilities as well as those who do not own vehicles.	http://www.gao.gov/new.items/d06790t.pdf Highlights: http://www.gao.gov/highlights/d06790thigh.pdf
Preparedness Tips for People with Disabilities	People with disabilities	Colorado Department of Public Health and Environment	Fact sheet on preparedness	http://www.cdphe.state.co.us/ bt/public/peoplewithdisabilities. pdf

RURAL POPULATIONS

While often overlooked, there are a number of areas of concern with regards to rural preparedness, including agroterrorism and the effects of urban evacuation. Given the challenges of assuring adequate levels of preparedness in areas covering vast geographical areas, combined with issues of poverty, limited access to healthcare and public health services services, and a population often distrustful of government, rural populations are uniquely vulnerable and hard to reach.

The challenge of limited public health services is particularly compelling. Due to a paucity of public health workers, rural areas must rely on other community response partners to help fulfill public health emergency functions, including police, fire, EMS personnel, volunteers and others. The following section provides tools for private, state and local preparedness officials throughout the county who may rely on these response partners and often need alternative methods of training, education and information.

Title	Audiences	Source	Description	Available at
Biochemical Organic Radio- logical Disaster Educational Response System (BORDERS)	CPHP, PH. First responders	University of North Dakota School of Medicine and Health Sciences (funded by HRSA)	A continuing education and training program designed to improve the individual and collective ability of healthcare professional practitioners to prepare for and respond to acts of bioterrorism in increasingly diverse situations and populations.	http://www. bordersalertandready.com
Countering Bioterrorism and Other Threats to the Food Supply	Agroterrorism and food safety workers, PH	U.S. Food and Drug Administration	Links to federal and state web sites that address the security of the food supply.	http://www.foodsafety.gov/ ~fsg/bioterr.html
Rural Homeland Security FAQ	Rural preparedness officials	U.S. Department of Agriculture	Resources for planning and funding homeland security efforts in rural communities.	http://www.nal.usda.gov/ric/ricpubs/homeland_security.htm
Hometown Hospitals: The Weakest Link? Bioterrorism Readiness in America's Rural Hospitals	Hospital preparedness planners	National Defense University, Center for Technology and National Security Policy	Profiles of five rural hospitals and how they are addressing bioterrorism issues.	http://www.ndu.edu/ctnsp/ rural%20hospitals.htm

Perspectives of Rural Hospitals on Bioterrorism Preparedness Planning	Hospital preparedness planners	NORC Walsh Center for Rural Health Analysis (funded by HRSA, Office of Rural Health Policy)	Overview of rural hospital preparedness, addressing topics like workforce and training, physical capacity and supplies, communication, and coordination. Includes policy recommendations.	http://www.norc.uchicago.edu/ issues/NseriesApril04CX2.pdf
Rural Communities and Emergency Preparedness	Rural preparedness officials	HRSA, Federal Office of Rural Health Policy	Discusses rural considerations in emergency preparedness. Discusses rural public health and EMS preparedness issues.	http://ftp.hrsa.gov/ruralhealth/ RuralPreparedness.pdf
Rural Health Preparedness	Policy makers	National Rural Health Association (NRHA)	NRHA Policy Brief. Discusses needs of the nation's rural health care system for disaster preparedness support.	http://www.nrharural.org/ advocacy/sub/policybriefs/ preparedness.pdf
Standing Together: An Emergency Planning Guide for America's Communities	All levels of preparedness planners	Joint Commission on Accreditation of Healthcare Organizations	A guide for small, rural and suburban communities to both prepare for and successfully respond to major local and regional emergencies –all hazards.	http://www.jcaho.org/about+us/ public+policy+initiatives/ planning_guide.pdf
Understanding the Role of the Rural Hospital Emergency Department in Responding to Bioterrorist Attacks and Other Emergencies: A Review of the Literature and Guide to the Issues	Hospital preparedness planners	NORC Walsh Center for Rural Health Analysis (funded by HRSA, Office of Rural Health Policy)	Overview of bioterrorism preparedness issues facing rural hospitals.	http://www.norc.uchicago.edu/ issues/LitRev_final.pdf

Crisis Counseling Programs for the Rural Community: Disaster Crisis Counseling Services for Rural Areas	Disaster Mental Health	Substance Abuse and Mental Health Services Administration	Overview of disaster crisis counseling relative to the unique characteristics of Rural Populations. Date: 1999	http://www.mentalhealth. samhsa.gov/publications/ allpubs/sma99-3378/
Best Practices in Local Public Health Series: Community Hospitals - How Do They Work with Local Public Health Agencies	Academia, hospitals	University of Iowa Center for Public Health Preparedness (Developer), University of Iowa College of Public Health (Partner), Iowa Association of Local Public Health Agencies (Partner),	Describes one rural hospitals role in public health in an area with no formal PH structure	http://www.public-health. uiowa.edu/icphp/products/ Contact: Angela Harding Phone: (313) 335-8451 Email: angela-harding@uiowa. edu
Developing effective partnerships with state government	Policy makers, state staff	University of Nebraska, Nebraska Center for Rural Bios- ecurity (Developer),	Includes Biological, chemical and radiological terrorism preparedness course level: Advanced	Contact: Marsha Morien Phone: (402) 559-4518 Email: mmorien@unmc.edu
Eliminating the "Fear Factor" in Biopreparedness	Clinicians, responders	University of Nebraska, Nebraska Center for Rural Biosecurity (Developer),	Accurate critical inventories of professional and facility resources provide an immediate assessment of a State's ability to rapidly respond in times of emergency.	Contact: Kolene Kohll Phone: (402) 559-2901 Email: kkohll@unmc.edu
Model for Electronic Data	HIS, IT for preparedness.	University of Nebraska, Nebraska	Discusses the vulnerability of the food supply as well as the specter of agroterrorism;	Contact: Marsha Morien Phone: (402) 559-4518

Sharing of Laboratory Test Information	Database developers	Center for Rural Biosecurity (Developer),	Course level: Advanced	Email: mmorien@unmc.edu
Preparedness for Health Emergencies in Pennsylvania: Implications for Public Policy	Preparedness personnel in PA	University of Pittsburgh Center for Public Health Preparedness (Developer)	This report describes the first national conference on rural public health emergency preparedness ever held in the United States.	Patricia Sweeney, JD, MPH, RN Phone: (412) 383-2231 Email: psweeney@pitt.edu http://www.cphp.pitt.edu/ upcphp/Adobe/ IOP-SR-Emergency.pdf
Preparing for Public Health Emergencies: Meeting the Challenges in Rural America	Rural preparedness officials, policy makers, academia	Harvard University Center for Public Health Preparedness (Developer)	A live, interactive satellite exercise (ISX) to promote regional communication and collaboration. The exercise took place on June 17, 2004.	http://www.hsph.harvard.edu/ hcphp/Conference_ Proceedings.pdf
Rural Emergency Preparedness: Communicating Across Professions	All public health preparedness	University of Pittsburgh Center for Public Health Preparedness (Developer), University of Pittsburgh at Bradford's Center for Rural Health Practice (Partner)	A resource and guide for rural responders faced with public health emergencies	Contact: Margaret A. Potter, JD Phone: (412) 383-2400 Email: potterm@edc.pitt.edu
Rural Emergency Preparedness: What All Rural Responders Must Know About Public Health Emergencies	All rural public health responders	University of Pittsburgh Center for Public Health Preparedness (Developer), University of Pittsburgh at Bradford's Center for Rural Health Practice (Partner)	A resource and guide for rural responders faced with public health emergencies	Contact: Margaret A. Potter, JD Phone: (412) 383-2400 Email: potterm@edc.pitt.edu

■ SPANISH-SPEAKING POPULATIONS

These resources for Spanish-speaking populations were identified through a systematic review of available materials using an Internet search of major Hispanic organizations and all state health departments. Both Spanish and English titles are provided and are organized by sub-classifications, including: family disaster planning, hazardous events (natural disasters, severe weather, earthquakes, floods, fires, etc.), and sections on pandemic flu and psychosocial categories.

Family Disaster Planning

Title	English Title	Audience	Source	Description	Available at
¿Está Listo? Una Guía Completa Para la Preparación Ciudadana	Are You Ready?: An In Depth Guide To Citizen Preparedness	General Public	FEMA	This booklet is a comprehensive source on individual, family, and community preparedness. This guide provides a step-by-step approach to disaster preparedness by walking the reader through how to get informed about local emergency plans, how to identify hazards that affect their local area, and how to develop and maintain an emergency communications plan and disaster supplies kit. Other topics covered include evacuation, emergency General Public shelters, animals in disaster, and information specific to people with disabilities. The guide also provides in-depth information on specific hazards including what to do before, during, and after each hazard type. The following hazards are covered: Floods, Tornadoes, Hurricanes, Thunderstorms and Lightning, Winter Storms and Extreme Cold, Extreme Heat, Earthquakes, Volcanoes, Landslide and Debris Flows (Mudslide), Tsunamis, Fires, Wildfires, Hazardous Materials Incidents, Household Chemical Emergencies, Nuclear Power Plant, and Terrorism (including Explosion, Biological, Chemical, Nuclear, and Radiological hazards).	http://www.fema.gov/ spanish/pdf/areyouready/ areyouready_full_sp.pdf

Prepare Un Plan Familiar Ya, En Caso De Un Desastre	Prepare A Family Disaster Plan Now	General Public	FEMA	This fact sheet covers the following topics: what to do before hurricane season starts, during a hurricane warning and if officials indicate evacuation is necessary.	http://www.fema.gov/ spanish/news/newsrelease_ spa.fema?id=18391
La Preparación Tiene Sentido. Prepárese Ahora.	Preparing Makes Sense. Get Ready Now.	General Public	U.S. Department of Homeland Security	This guide provides detailed information on how to prepare for a terrorist attack and an overview of specific terrorist threats (biologic, nuclear, and chemical). It covers topic such as how to develop and maintain an emergency communications plan and disaster supplies kit and how to join volunteer organizations.	http://www.ready.gov/ america/_downloads/ Ready_Brochure_Screen_ ESP_20040129.pdf
Preparación Familiar: Como Tomar Previsiones	Family Preparedness: Thinking Ahead	General Public	National Child Traumatic Stress Network (NCTSN)	This fact sheet covers the following topics: preparing for a hurricane, how to develop a family preparedness plan and family communications plan and how to prepare a disaster supplies kit.	http://www.nctsnet.org/ nctsn_assets/pdfs/edu_ materials/9-11Walet_ spanish.pdf
Tarjeta de Preparación Para la Familia	Family Preparedness Plan Wallet Card	General Public	National Child Traumatic Stress Network (NCTSN)	An information wallet card to be used during emergencies.	http://www.nctsnet.org/ nctsn_assets/pdfs/edu_ materials/WalletCard_ spanish.pdf
Ayuda Despues de un Desastre	Help After a Disaster, (Agosto 2004 version)	Individuals and families	FEMA	This guide describes the FEMA programs for individuals and families coping with the aftermath of a disaster. Detailed information is provided in Spanish on the FEMA process and on eligible losses to be covered by FEMA programs. An "FAQ" section and sample declaration form are included in Spanish.	http://www.fema.gov/ spanish/index_spa.shtm

Preparacion en Caso de Emergencias	Preparing in case of emergency	Individuals and families	National Alliance for Hispanic Health	This full-page booklet features detailed reading material in Spanish on preparing one's home for an emergency, a home emergency "kit," and additional resources.	http://www. hispanichealth.org/ emergencias.lasso
Emergency Preparedness (English)		Individuals and families	National Alliance for Hispanic Health	This full-page booklet features detailed reading material in English on preparing one's home for an emergency, a home emergency "kit," and additional resources.	http://www. hispanichealth.org/pdf/ emergency.pdf

Family Disaster Planning Resources Developed by State Health Departments

Title	State	Audience	Source	Description	Available at
Guía de Preparación para Familias del Estado de la Florida	Florida	General Public	Florida Department of Health	Family Disaster Planning guide	http://www.doh.state. fl.us/rw_webmaster/ preparesp04.pdf
Bioterrorism PSA (Spanish)	Indiana	General Public	Indiana State Department of Health	This PSA highlights the basic elements of a family disaster plan.	http://www.wfyi.org/wvx/ bioterrorismPSAspanish. wvx
Preparedness Public Information - Hoja de Información Pública	Michigan	General Public	Michigan Department of Community Health	The following fact sheets are available on their website: Anthrax Fact Sheet in Spanish Botulism Fact Sheet in Spanish Chlorine Fact Sheet in Spanish Plague Fact Sheet in Spanish Cyanide Fact Sheet in Spanish SARS Fact Sheet in Spanish Sarin Fact Sheet in Spanish Sheltering in Place Fact Sheet in Spanish	http://www.michigan. gov/mdch/0,1607,7-132- 2945_21919_22007- 131282,00.html

				Smallpox Fact Sheet in Spanish Tularemia Fact Sheet in Spanish	
Todos Listos Nueva Jersey (Ready Together New Jersey)	New Jersey	Households/ families	NJ Dept. of Health & Senior Services	This full-color booklet provides information in Spanish for households and families. Sections include how to prepare a family emergency plan, how to get emergency information, and when to get help during and in the aftermath of an emergency. Also included is information on the NJ Medical Reserve Corps, local phone numbers and radio stations, and lists for family information and plans.	http://www.nj.gov/health/ er/documents/citizens_ guide_sp.pdf
General Public Health Emergen- cy Wallet Card (Spanish)	Virginia	General Public	Virginia Department of Health	This two-page fact sheet contains an emergency wallet card with family contact list and provides information about different WMD agents.	http://www.vdh.virginia. gov/news/PressReleases/ PDFs/2004/Z-Card_ Spanish.pdf
Manual de Preparación para Casos de Desastre	Washington	General Public	Washington State Department of Health	Family Disaster Planning guide	http://www.doh.wa.gov/ phepr/handbook/ spanish_pdf/ DisasterHndbkSP_2.pdf
Emergencias de la Salud General Publica – su Guía de preparación	Wisconsin	General Public	Wisconsin Department of Health and Family Services	Family Disaster Planning guide	http://dhfs.wisconsin.gov/ preparedness/pdf_files/ PublicHealthGuide Spanish.pdf
Preparativos para Casos de Emergencia, Manual de Bolsil- lo (Pocket Guide to Emergency Preparedness)	New Jersey	Individuals and families	Morris County Office of Health Management (NJ)	This double-sided, poster-size fact sheet folds into a pocket-size guide and provides information on all-hazards emergencies, family disaster preparedness, a list of local media information, and a list of local hospitals and health departments. Produced in Spanish and English.	Contact: Emily Perry Phone: (732) 235-9703 Email: perryem@umdnj. edu.

Family Disaster Planning for Children

Title	English Title	Audience	Source	Description	Available at
Las Aventuras de Julia y René: Los Mellizos Desastre.	Julia and Robbie: The Disaster Twins	General Public	FEMA	"The Adventures of Julia and Robbie: The Disaster Twins" is a book recommended for third and fourth graders. It is a compilation of disaster stories that teaches children how to be prepared for natural disasters. At the end of each chapter, the child's knowledge is tested with quizzes.	http://www.fema.gov/ kids/twins/ juliandrobspanish.pdf
Preparate: Prepara a tu Familia Para Desastres	The Be Ready Book	Children	American Red Cross	This full-page booklet features basic emergency information for natural disasters (house fires, extreme cold, earthquakes, and thunderstorms). Targeted to children, the booklet includes graphics for coloring, word puzzles and activities.	http://www.redcross.org/ pubs/dspubs/cdelist.pdf
Preparacion En Caso de Desastres: Libro de colores	Preparing for a Disaster: A Coloring Book	Children and Parents	American Red Cross	This full-page booklet features reading material and large graphics for coloring for children. Information is provided in Spanish on natural disasters (thunderstorms, hurricanes, floods, tornadoes, extreme cold). An introduction for parents is included.	http://www. cruzrojaamericana.org/ pdf/clrbksp.pdf
Prepare y Mantenga al dia: Equipo para Emergencias	Prepare and maintain an emergency kit	Households/ families	NJ Dept. of Health & Senior Services	This one-page fact sheet contains information in Spanish on the contents of an emergency kit, important telephone numbers, and additional government resources.	http://www.state.nj.us/ health/er/documents/ kit_sp.pdf

Natural Disasters and Severe Weather Hurricanes

Title	English Title	Audience	Source	Description	Available at
Sobre Huracanes	About Hurricanes	General Public	Centers for Disease Control and Prevention	This fact sheet provides a general overview of hurricane formation and storm properties.	http://www.bt.cdc.gov/ disasters/hurricanes/ espanol/antes.asp
Datos Importantes para Prepararse para un Huracán	Key Facts About Hurricane Readiness	General Public	Centers for Disease Control and Prevention	This fact sheet covers the following topics: preparing for a hurricane, how to assemble an emergency supply kit, how to prepare for an evacuation, what to do if you are ordered to evacuate, and what do if you are ordered not to evacuate.	http://www.bt.cdc.gov/ disasters/hurricanes/ espanol/preparse.asp
Proteja su Salud y Seguridad Después de un Huracán	Key Facts About Hurricane Recovery: Protect Your Health and Safety After a Hurricane	General Public	Centers for Disease Control and Prevention	This fact sheet covers the following topics: preventing illness from food, preventing illness from water, preventing and treating other illness and injuries.	http://www.bt.cdc.gov/ disasters/hurricanes/ espanol/recovery.asp
Después de un Huracán, Regrese a Casa Sano y Salvo	Returning Home After a Hurricane: Be Healthy and Safe	General Public	Centers for Disease Control and Prevention	This fact sheet covers the following topics: how to clean your home and stop mold, how to protect yourself from carbon monoxide poisoning, how to prevent electrical injuries, how to prevent disease from the contact with animals and insects, and safety tips for drivers.	http://www.bt.cdc.gov/ disasters/hurricanes/ espanol/returnhome.asp
Mantenga los Alimentos y el Agua en	Keep Food and Water Safe After a	General Public	Centers for Disease Control and	This fact sheet covers the following topics: how to store food safely, how to identify and food that may not be safe to eat, how to feed infants	http://www.bt.cdc.gov/ disasters/espanol/ foodwater.asp

Buen Estado Después de un Desastre Natural o Interrupción del Suministro de Energía Eléctrica	Natural Disaster or Power Outage		Prevention	and young children, and how to clean and sanitize food-contact surfaces.	
Lo Que Necesita Sa- ber en Caso de un Corte Inesperado de la Electricidad	What You Need to Know When the Power Goes Out Unexpectedly	General Public	Centers for Disease Control and Prevention	This fact sheet covers the following topics: what to do when the power goes out unexpectedly, food and drinking water safety tips, how to keep safe under conditions of extreme heat and cold, and first aid for electrical shock.	http://www.bt.cdc.gov/ poweroutage/espanol/ needtoknow.asp
¿Está Preparado para un Huracán?	Hurricane preparation	General Public	American Red Cross	This fact sheet covers the following topics: how to develop a family evacuation plan, how to maintain a disaster supplies kit, and what to before, during, and after a hurricane strikes.	http://www.redcross. org/spanish/services/ds/ hurrspn.html
¿Qué Debo Hacer? Antes de Que Empiece la Temporada de Huracanes	What should I do?: BEFORE HURRICANE SEASON STARTS	General Public	FEMA	This fact sheet provides safety tips and detailed information on what to before, during, and after a hurricane strikes.	http://www.fema.gov/ spanish/hazards/ hurricanes/whatshouldido_ spa.shtm#before

Earthquakes

Title	English Title	Audience	Source	Description	Available at
Cómo Prepararse para un Terremoto	Being Prepared For Earthquakes	General Public	Centers for Disease Control and Prevention	This fact sheet covers the following topics: evacuation plans, practice drills, how to gather and store important documents	http://www.bt.cdc.gov/ disasters/earthquakes/ espanol/prepararse.asp
Durante el Terremoto	During An Earthquake	General Public	Centers for Disease Control and Prevention	This fact sheet provides information on how to assure indoor and outdoor safety during earthquakes.	http://www.bt.cdc.gov/ disasters/earthquakes/ espanol/durante.asp
Después de un Terremoto	After An Earthquake	General Public	Centers for Disease Control and Prevention	This fact sheet covers the following topics: how to prepare for "aftershocks", evacuating your home and key precautions after an earthquake.	http://www.bt.cdc.gov/ disasters/earthquakes/ espanol/despues.asp
Artículos de Emergencia	Emergency Supplies	General Public	Centers for Disease Control and Prevention	This fact sheet provides a list of items needed to assemble a first aid kit, a survival kit for your home, a survival kit for your automobile, and a survival kit for your workplace.	http://www.bt.cdc.gov/ disasters/earthquakes/ espanol/articulos.asp
Inspección de Daños en el Hogar	Inspecting For Home Hazards	General Public	Centers for Disease Control and Prevention	This fact sheet provides key information on how to inspect your home and its surroundings for possible hazards and then take action to lessen those hazards.	http://www.bt.cdc.gov/ disasters/earthquakes/ espanol/inspeccion.asp
Personas con Necesidades Especiales	People With Special Needs	General Public	Centers for Disease Control and Prevention	This fact sheet provides information on how to protect persons with special needs before, during, and after an earthquake.	http://www.bt.cdc.gov/ disasters/earthquakes/ espanol/necesidades.asp

Floods

Title	English Title	Audience	Source	Description	Available at
Datos Importantes para estar Preparado Frente a una Inundación	Key Facts About Flood Readiness	General Public	Centers for Disease Control and Prevention	This fact sheet provides key facts about flood readiness and covers the following topics: how to prepare for a flood and the list of items needed for en emergency supplies kit, and what to do if you are under a flood watch or warning.	http://www.bt.cdc.gov/ disasters/floods/espanol/ readiness.asp
Datos Importantes sobre la Recuperación Después de una Inundación	Key Facts About Flood Recovery	General Public	Centers for Disease Control and Prevention	This fact sheet provides key facts about flood recovery and covers the following topics: how to Avoid Illness, How to Make Sure Your Food is Safe, How to Make Sure Your Water is Safe, How to Handle Animals and Mosquitoes, How to Deal With Chemical Hazards, How to Deal with Electric and Gas Utilities, and How to Clean Up.	http://www.bt.cdc.gov/disasters/floods/espanol/recovery.asp
Cómo Volver a Entrar a su casa Después de una Inundación	Reentering Your Flooded Home	General Public	Centers for Disease Control and Prevention	This fact sheet provides valuable information on how to reenter a flooded home.	http://www.bt.cdc.gov/ disasters/mold/es/reenter. asp
Después de un Huracán o Inundación: Limpieza Después de una Lnundación	After a Hurricane or Flood: Cleanup of Flood Water	General Public	Centers for Disease Control and Prevention	This fact sheet provides information on how to protect yourself and your family after a hurricane or flood.	http://www.bt.cdc.gov/ disasters/floods/espanol/ cleanupwater.asp
Elimine el Moho	Get rid of Mold	General Public	Centers for Disease Control and Prevention	This fact sheet provides information on how to eliminate mold from your home.	http://www.bt.cdc.gov/ disasters/espanol/pdf/ flyer-get-rid-of-mold- spanish.pdf

Después la Inundación	After a Flood	General Public	Centers for Disease Control and Prevention	This fact sheet covers the following topics: precautions when returning to your home, cleanup, immunizations, and chemical hazards.	http://www.bt.cdc.gov/ disasters/floods/espanol/ despues.asp
Cómo Protegerse a sí Mismo y Proteger a los Demás de los Riesgos de Electrocución Después de un Desastre Natural	How to Protect Yourself and Others from Electrical Hazards Following a Natural Disaster	General Public	Centers for Disease Control and Prevention	This fact sheet provides information on how to protect yourself and others from electrical hazards following a natural disaster.	http://www.bt.cdc.gov/ disasters/espanol/ electrical.asp

Tornadoes

Title	English Title	Audience	Source	Description	Available at
Sobre Tornados	About Tornadoes	General Public	Centers for Disease Control and Prevention	This fact sheet provides a general overview of how tornadoes are formed and cause damage.	http://www.bt.cdc.gov/ disasters/tornadoes/ espanol/intro.asp
Cómo Prepararse para un Tornado	Being Prepared for tornadoes	General Public	Centers for Disease Control and Prevention	This fact sheet covers the following topics: the tornado warning system, how to prepare for a tornado, measures for people with special needs, and reducing household hazards.	http://www.bt.cdc.gov/ disasters/tornadoes/ espanol/prepararse.asp
Cómo Detectar un Tornado	During a Tornado	General Public	Centers for Disease Control and Prevention	This fact sheet provides information on how to identify weather signs that may mean that a tornado is approaching and detailed steps on how to take shelter.	http://www.bt.cdc.gov/ disasters/tornadoes/ espanol/detectar.asp
Después del Tornado	After a Tornado	General Public	Centers for Disease Control and Prevention	This fact sheet provides information on how to protect yourself and your family after a tornado.	http://www.bt.cdc.gov/ disasters/tornadoes/ espanol/despues.asp

Fires

Title	English Title	Audience	Source	Description	Available at
Incendios Destructivos	Wildfires	General Public	Centers for Disease	This fact sheet provides information on how to protect your health when exposed to smoke from wildfires.	http://www.bt.cdc.gov/ firesafety/wildfires/ espanol/index.asp
USFA En Español	U.S. Fire Administration (USFA) website	General Public and professionals	Control and Prevention U.S. Fire Administration	This website contains information to help citizens protect their family and possessions from fire. They have fact sheets covering topics such as smoke alarms, residential fire sprinklers, escape planning, fire safety tips, and what to do after a fire. (The Spanish titles of these fact sheets are: La Seguridad Contra los Incendios en el Dormitorio Permite Dormir Plácidamente durante la Noche; ¡Revisar los Sitios Candentes!; Los Niños Curiosos Provocan Incendios; Peligro en las Alturas; Exponiendo a un Asesino Invisible; A Salvo de Incendios y Seguro; Estufa con Chimenea y Seguridad Contra Incendios en la Casa; Arreglo Panorámico a Prueba de Fuego Puede Salvar una Casa; ¡Salga con Seguridad!; Vivir Seguro en Vivienda Manufacturada; En el Circuito de la Seguridad; Lista para Prevenir Incendios Rurales; Temporada Para Aprender Sobre Seguridad Contra Incendios; ¡Es un Incendio!; Trabajando Juntos para Asegurar la Casa Contra Incendios; Mensaje Claro Sobre Seguridad Contra Incendios; A Salvo de Incendios y Seguro; Seguridad Contra Incendios Para Toda la Vida; Sacar al Fuego; Eliminar Obstáculos; Lista de Seguridad Contra Incendios para Poblaciones Especiales).	http://www.usfa.fema. gov/espanol/factsheets. shtm

Extreme Heat

Title	English Title	Audience	Source	Description	Available at
Calor Extremo: Guía de Prevención para Promover su Salud y Seguridad	Extreme Heat: A Prevention Guide to Promote Your Personal Health and Safety	General Public	Centers for Disease Control and Prevention	This fact sheet provides safety tips for protecting your health when exposed to extreme heat.	http://www.bt.cdc.gov/ disasters/extremeheat/es/ heatguide.asp
Consejos para Prevenir las Enfermedades Relacionadas con el Calor	Tips for Preventing Heat-Related Illness	General Public	Centers for Disease Control and Prevention	This fact sheet provides tips for preventing heat-related illness.	http://www.bt.cdc.gov/ disasters/extremeheat/es/ heattips.asp
Sobre el Calor Extremo	About Extreme Heat	General Public	Centers for Disease Control and Prevention	This fact sheet provides a general overview of extreme heat and how it can affect your health.	http://www.bt.cdc.gov/ disasters/extremeheat/es/ about.asp
Calor Extremo: Estrés por Calor en las Personas de edad Avanzada	Heat Stress in the Elderly	General Public	Centers for Disease Control and Prevention	This fact sheet covers the following topics: heat stroke, signs and symptoms of heat stroke, signs and symptoms of heat exhaustion, how to protect yourself, and how to protect elderly relatives and neighbors.	http://www.bt.cdc.gov/ disasters/extremeheat/es/ elderlyheat.asp
Preguntas Frecuentes Sobre el Calor Extremo	Frequently Asked Questions (FAQ) About Extreme Heat	General Public	Centers for Disease Control and Prevention	This fact sheet addresses frequently asked questions about extreme heat.	http://www.bt.cdc.gov/ disasters/extremeheat/es/ faq.asp

Public Health Professionals

Title	English Title	Audience	Source	Description	Available at
Guía de Respuesta a Emergencias de Salud Pública para Directores de Salud Pública Estatales, Locales y Tribales	Public Health Emergency Response Guide for State, Local, and Tribal Public Health Directors	Public Health Professionals	Centers for Disease Control and Prevention	The Public Health Emergency Response Guide for State, Local, and Tribal Public Health Directors is an all-hazards reference tool for health professionals who are responsible for initiating the public health response during the first 24 hours (i.e., the acute phase) of an emergency or disaster. It provides useful information on the activation and integration of a jurisdiction's public health system into the existing overall emergency response structure during the acute phase of an incident. It also contains guidance that may be unique to specific types of incidents, such as floods, earthquakes, and acts of terrorism.	http://www.bt.cdc.gov/ planning/espanol/ responseguide.asp

Pan American Health Organization

Title	English Title	Audience	Source	Description	Available at
Manejo de Cadáveres en Situaciones de Desastre	Management of Dead Bodies in Disaster Situations	Disaster specialists and professionals	Pan American Health Organization (PAHO)	This manual provides the technical information needed to support authorities in the proper management of dead bodies. It is targeted to specialists in disasters and in management of human remains who are responsible for ensuring that bodies are treated in a dignified manner and that the human rights of those affected by disasters are respected.	http://www.paho.org/ Spanish/DD/PED/ ManejoCadaveres.htm
Hospitales Seguros: Una Responsabilidad Colectiva, Un Indicador Mundial de Reducción de los Desastres	Safe Hospitals: A Collective Responsibility, A Global Measure of Disaster Reduction	Disaster specialists and professionals	Pan American Health Organization (PAHO)	This document addresses issues related to the protection of critical health facilities, particularly hospitals, from the avoidable consequences of disasters.	http://www.paho.org/ English/DD/PED/ SafeHospitals.htm
Guía de Preparativos de Salud Frente a Erupciones Volcánicas	Health Preparedness Guidelines for Volcanic Eruptions	Disaster specialists and professionals	Pan American Health Organization (PAHO)	These guidelines provide support material to prepare health contingency plans to deal with the emergencies caused by volcanic eruptions. The package consists of five modules dealing with health sector risks, protecting health services, damage and needs assessment, environmental risks and communications planning.	http://www.paho.org/ spanish/dd/ped/ guias_volcanes.htm
Mitigación de Desastres en Instalacio- nes de salud – Efectos del	Disaster Mitigation in Health Facilities – Wind Effects	Disaster specialists and professionals	Pan American Health Organization (PAHO)	This training material focuses on reducing the vulnerability of structural elements in hospitals and health facilities. It addresses non-structural elements and those that have special functions such as communication networks, gas	http://www.disaster-info. net/viento/indice.htm

viento				and water pipes, electrical wiring, and medical equipment and supplies.	
Protección de la Salud Mental en Situaciones de Desastres y Emergencias	Protecting Mental Health in Disaster and Emergency Situations)	Disaster specialists and professionals	Pan American Health Organization (PAHO)	This training material focuses on early mental health interventions following disasters. It emphasizes a community mental health approach to interventions.	http://www.paho.org/ spanish/ped/saludm.htm
Vigilancia Epidemiológica Sanitaria en Situaciones de Desastre Guía para el Nivel Local	Epidemio- logical Health Surveillance in Disasters— Guide for the Local Level	Disaster specialists and professionals	Pan American Health Organization (PAHO)	This manual provides the technical information needed to conduct epidemiologic surveillance in disaster situations, especially at the local level.	http://www.paho.org/ spanish/dd/ped/ vigep_des.htm
Preparativos de Salud para Situaciones de Desastres Guía para el Nivel Local	Health Preparedness for Disasters— Guide for the Local Level	Disaster specialists and professionals	Pan American Health Organization (PAHO)	This document provides a practical guide to disaster preparedness for local health agencies. It emphasizes community participation as a strategic tool for designing and implementing disaster preparedness plans.	http://www.paho.org/ spanish/dd/ped/ preparativosdesalud.htm
Manual de Evaluación de Daños y Necesidades en Salud para Situaciones de Desastre	Damage and Needs Assessment in the Health Sector in Disaster Situations	Disaster specialists and professionals	Pan American Health Organization (PAHO)	The purpose of this manual is to provide health sector officials with information related disaster response and recovery. It covers topics such as epidemiologic surveillance, basic sanitation and health infrastructure.	http://www.paho.org/ spanish/dd/ped/edan.htm

Cultural Competence

Title	Audience	Source	Description	Available at
Developing Cultural Competence in Disaster Mental Health Programs	Disaster mental health providers and workers, disaster specialists and professionals	Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (DHHS)	The primary purpose of this guide is to provide background information, guiding principles, recommendations, and resources for developing culturally competent disaster mental health services. Disaster mental health providers and workers can use and adapt the guidelines set forth in this document to meet the unique characteristics of individuals and communities affected directly or indirectly by a full range of natural and human-made disasters.	http://www.mentalhealth. samhsa.gov/media/ken/pdf/ SMA03-3828/ CulturalCompetence_ FINALwithcovers.pdf

Pandemic Flu/Influenza

Title	English title	Audience	Source	Description	Available at
Cúbrase la Boca al Toser	Cover Your Cough	General Public	Miami-Dade County Health Department	Poster developed by the Miami-Dade County Health Department which highlights strategies to prevent the spread of influenza.	http://www.dadehealth. org/downloads/ coveryourcoughcdc_ spanish.pdf
¿Se lavó las Manos?	Did you wash your hands?	General Public	Miami-Dade County Health Department	Poster developed by the Miami-Dade County Health Department which highlights strategies to prevent the spread of influenza.	http://www.dadehealth. org/downloads/wash%20y our%20hands%20III%20spa nish.pdf
Manos Limpias para una Buena Salud	Good Health Starts with Clean Hands	General Public	Miami-Dade County Health Department	Poster developed by the Miami-Dade County Health Department which highlights strategies to prevent the spread of influenza.	http://www.dadehealth. org/downloads/wash%20 your%20hands%20l%20spa nish.pdf

Psychosocial Resources - General

The attached table contains an annotated listing of Spanish-language psychosocial resources for a range of audiences (primarily general public) across the age span (children, adults, older adults). They address psychosocial consequences of disasters and terrorism, providing answers to frequently-asked questions such as: What happens to people after a disaster or other traumatic event? What is a traumatic event? What are some common responses? How do people respond differently over time? How should you help yourself and your family? How can you to take care of children's special needs? When should you contact your doctor or mental health professional?

Title	English Title	Audience	Source	Available at
Cómo Manejar un Suceso Traumático: Información para el Público en General	Coping With a Traumatic Event: Information for the General Public	General Public	Centers for Disease Control and Prevention	http://www.bt.cdc.gov/ masstrauma/es/copingpub.asp
Prevención de la Violencia Después de un Desastre Natural (Preventing Violence after a Natural Disaster)	Preventing Violence after a Natural Disaster	General Public	Centers for Disease Control and Prevention	http://www.bt.cdc.gov/ disasters/hurricanes/katrina/ espanol/ preventingviolence.asp
Cómo Manejar el Estrés Después de un Desastre	Coping With Stress After A Disaster	General Public	FEMA	http://www.fema.gov/ spanish/news/newsrelease_spa. fema?id=4762
Manejando El Estrés Traumático: Consejos para Recuperarnos de un Desastre Natural	Managing Traumatic Stress: Tips for Recovering From Natural Disasters	General Public	American Psychological Association	http://www.apahelpcenter.org/ spanish/article.php?id=133

Manejando El Estrés Traumático: Después Del Huracán	Managing Traumatic Stress: After the Hurricanes	General Public	American Psychological Association	http://www.apahelpcenter. org/spanish/article.php?id=111
Manejando El Estrés Traumático: Lidiando con el Huracán desde Lejos	Managing Traumatic Stress: Dealing with the Hurricanes from Afar	General Public	American Psychological Association	http://www.apahelpcenter. org/spanish/article.php?id=112
Resiliencia: Después del Huracán	Resilience: After the Hurricanes	General Public	American Psychological Association	http://www.apahelpcenter. org/spanish/article.php?id=114

Psychosocial Resources – Terrorism

Title	English Title	Audience	Source	Available at
If We Can't Make Sense of 9-11, Imagine How Kids Feel	If We Can't Make Sense of 9-11, Imagine How Kids Feel	General Public	Project Liberty	http://www.projectliberty.state. ny.us/educational/ Ifwecantmakesense-Spanish.pdf
Coping during the Holidays and Other Special Days	Coping during the Holidays and Other Special Days	General Public	Project Liberty	http://www.projectliberty.state. ny.us/educational/ plHolidaySpanish.pdf
Resource for Helping Rescue Workers to Cope	Resource for Helping Rescue Workers to Cope	General Public	Project Liberty	http://www.projectliberty. state.ny.us/educational/ PLRescueSProof.pdf
Staying Clean and Sober after September 11	Staying Clean and Sober after September 11	General Public	Project Liberty	http://www.projectliberty. state.ny.us/educational/ PLAddictionSProof.pdf
TV Viewing Tips for 9/11	TV Viewing Tips for 9/11	General Public	Project Liberty	http://www.projectliberty. state.ny.us/viewingtips-sp.htm
Coping with Stress Related to Terror- ist Alerts	Coping with Stress Related to Terrorist Alerts	General Public	Project Liberty	http://www.projectliberty.state. ny.us/educational/ Spanish_terror_3-9-04.pdf

Psychosocial Resources – Children

Title	English Title	Audience	Source	Available at
Ayudando a los niños Después de una Catástrofe	Helping Children After a Disaster	General Public	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.aacap.org/General Publications/apntsfam/fff36.htm
Trastorno de Tensión Postraumática	Posttraumatic Stress Disorder (PTSD)	General Public	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.aacap.org/General Publications/apntsfam/sfff70. htm
Terrorismo: Ayudando a los niños a Lidiar con sus Sentimientos	Terrorism: Helping Children Deal With Their Feelings	General Public	American Academy of family Physicians	http://familydoctor.org/e713. xml
Manejando El Estrés Traumático: El Huracán y Los Niños	Managing Traumatic Stress: the Hurricanes and Children	General Public	American Psychological Association	http://www.apahelpcenter. org/spanish/article.php?id=110
Cómo Ayudar a los Niños a Enfrentar Traumas	Helping Young Children Cope with Trauma	General Public	American Red Cross	http://www.redcross.org/ services/disaster/foreignmat/ 1303sp.pdf
Desastres: Cómo Ayudar a los Niños a Enfrentarlos	Disaster: Helping Children Cope	General Public	National Association of School Psychologists	http://www.nasponline.org/ NEAT/disaster_sp.html
Entendamos el estrés Traumático Infantil	Understanding Child Traumatic Stress	General Public	National Child Traumatic Stress Network (NCTSN)	http://www.nctsnet.org/ nctsn_assets/pdfs/edu_ materials/ Entendamoselestrtraumtico.pdf

Guía informativa sobre la Aflicción Traumática	Informative Guide on Grief	General Public	National Child Traumatic Stress Network (NCTSN)	http://www.nctsnet.org/nctsn_ assets/pdfs/edu_materials/ GriefSpanishComplete.pdf
Guía Para Los Padres Para Ayudar A Los Niños Después De Un Huracán	Parent's Guide for Helping Children After a Hurricane	General Public	National Child Traumatic Stress Network (NCTSN)	http://www.nctsnet.org/nctsn_ assets/pdfs/reports/ ParentGuidelines_SpanishVersion. pdf
Sugerencias para la Familia que An- ticipa Reacciones Adversas al Aproximarse el Aniversario de un Acontecimiento Traumático	Tips for Families on Anticipating Anniversary Reactions to Traumatic Events	General Public	National Child Traumatic Stress Network (NCTSN)	http://www.nctsnet.org/nctsn_ assets/pdfs/edu_materials/ TipsforfamilesSpan.pdf
Cómo ayudar a Nuestros niños a Afrontar la Guerra	Helping Our Children Deal With War	General Public	National Mental Health Association	http://www.nmha.org/ reassurance/spanish/ ninosaafrontarlaguerra.cfm
Si el 11 de Septiembre aun no Tiene Sentido para Nosotros, Imagínese Como se Sienten los Niños	If We Can't Make Sense of 9-11, Imagine How Kids Feel	General Public	Project Liberty	http://www.projectliberty.state. ny.us/educational/ Ifwecantmakesense-Spanish.pdf
Cómo Ayudar a los niños a Enfrentar el Miedo y la Ansiedad	How Families Can Help Children Cope With Fear and Anxiety	General Public	Substance Abuse and Mental Health Services Administration's (SAMHSA)	http://www.mentalhealth.samhsa. gov/General Publications/allpubs/ KEN%2D01%2D0099/

Psychosocial Resources – Older Adults

Title	English Title	Audience	Source	Available at
Cómo enfrentar la guerra y las amenazas del terrorismo: Consejos para los adultos de la tercera edad	How to Cope with the War & Threats of Terrorism: Tips for Older Adults	General Public	National Mental Health Association (NMHA)	Available in Spanish at http://www.nmha.org/reassurance/spanish/consejosparalosadultosdelaterceraedad.cfm
2005 Preparación para casos de desastres	Disaster preparedness guide for elders	General Public	Florida Department of Elder Affairs	Available in Spanish at http://elderaffairs.state.fl.us/english/EU2005/disaster05spanish.pdf
Personas mayores en desastres y crisis humanitarias: Líneas directrices para la mejor práctica	Older people in disasters and humanitarian crises: Guidelines for best practice	Professionals	HelpAge International	Availble in spanish at: http://www.helpage.org/ Resources/Manuals/main_ content/1118336526-0-10/ bpgspan.pdf

Psychosocial Resources – Emergency Response Workers

Title	English Title	Audience	Source	Available at
Estrés por sucesos traumáticos: Información para el personal de emergencia	Traumatic Incident Stress: Information For Emergency Response Workers	Professionals	National Institute for Occupational Health and Safety (NIOSH)	http://www.cdc.gov/spanish/ niosh/docs/unp-trinstrsSP.html

For more information regarding the CPHP Network preparedness training products, see the CPHP Network online "Education Resource Guides" at http://www.asph.org/cphp/CPHP_ResourceReport.cfm and the searchable CPHP Network online resource center at http://www.asph.org/acphp/ phprc.cfm.'